

November 25, 2019



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## Ortho News This Week

### Preparing for 2020



#### It's time to renew your COA Membership or Join for the First Time

COA  
What Happened in Sacramento in 2019?  
COA Legislative Wins/2020 Threat  
The California Orthopaedic is the respected voice of Orthopaedic surgeons in Sacramento. On your behalf we lobby the government, legislators, administrative departments and staffers. We had a busy, successful year. Some notable wins include ... [READ MORE](#)

#### Does Gavin Newsom have the answer to Democrats' healthcare fights?



POLITICO  
A year and a half ago, Gavin Newsom was in the same place as Elizabeth Warren and Bernie Sanders, running in a tough Democratic primary and vowing "it's about time" for a single-payer health care system while dismissing his critics as "can't-do Democrats" who refuse to think big. Now he's in a different place. [READ MORE](#)

#### Geisinger's long-term investment plan to eradicate med school debt, strengthen primary care



HealthLeaders Media  
Jaewon Ryu, MD, JD, CEO of Geisinger Health sees the investment 'not just as tuition support' but as a way to build its primary care models. Provider organizations are trying to prepare for the expected increase in medical care demands as baby boomers retire across the country. [READ MORE](#)

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California Orthopaedic Associations

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REGISTRATION OPENS  
JANUARY 1, 2020

**COA 2020 ANNUAL MEETING**  
QME COURSE & CBONES ANNUAL MEETING  
April 16-19, 2020  
Terranea Resort, Rancho Palos Verde, CA

## A warning on counterfeit prescription drugs from Mexico



California Health Advocates

Below is a warning issued by the Drug Enforcement Administration (DEA) on counterfeit prescription drugs coming into the States from Mexico that are causing fatalities. Beneficiaries who use pain medication should be especially aware of this warning. [READ MORE](#)

## Healthcare costs for California workers are growing far faster than incomes



San Francisco Chronicle

Californians who get health insurance through their jobs are having to spend a greater share of their paychecks on healthcare costs, according to a new analysis of employer-sponsored health plans to be released Thursday by the Commonwealth Fund, a nonprofit foundation that researches health industry trends. [READ MORE](#)

## Why this orthopedic surgeon insists women should 'sit like a man'



The Washington Post

What does it mean to sit like a man? If you live in a city with a subway, your mind might leap to the scourge of “manspreading,” in which men sit with their legs wide apart, taking up more than one seat. But Barbara Bergin, an orthopedic surgeon in Austin, believes sitting like a man means emulating men’s posture in the name of joint health. [READ MORE](#)

## Physicians need more healthcare economics training in med school, AMA says




Medical Economics

The American Medical Association (AMA) is calling for medical schools and residency programs to incorporate information on healthcare economics in their programs, according to a news release from the association. The new policy is built on AMA’s ongoing work to ensure students and residents are trained to practice within the modern health systems. [READ MORE](#)

## What is AposTherapy?









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