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October 18, 2019




# COA Report

California Orthopaedic Association

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## Ortho News This Week

### [Forget FOMO, let's talk JOMO](#)



MedPage Today

We've been hearing about FOMO -- fear of missing out -- for years. There's documentation that up to 13% of young people experience social anxiety because they do not feel that they're included in things. For them, the FOMO can be very real. My guess is, that in our over-stimulated, over-connected world, the incidence of social anxiety relating to FOMO is even higher. [READ MORE](#)

### [Governor signs CMA bill to require insurers to pay for telehealth services](#)



CMA

Governor Newsom has signed a California Medical Association (CMA)-sponsored bill to increase patient access through telehealth. The bill (AB 744, Aguiar-Curry) will require health insurers to cover services provided via telehealth in the same way they would an in-person encounter. [READ MORE](#)

### [How is your patient experience?](#)



Medical Economics

Remember when patient communication was marked by endless games of phone tag? Before automated technology and the proliferation of the internet, this volley of voicemails may have been frustrating for patients, but there was no urgency to improve the patient experience—a patient leaving to find another doctor was highly unlikely, and posting a negative review of your practice online didn't yet exist. [READ MORE](#)

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California Orthopaedic Associations

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**REGISTRATION OPENS**  
JANUARY 1, 2020

**COA 2020 ANNUAL MEETING**  
QME COURSE & CBONES ANNUAL MEETING  
April 16-19, 2020  
Terranea Resort, Rancho Palos Verde, CA

## [Stem cell treatments for shoulder and elbow injuries flourish, but so far there's little evidence they work](#)



Elsevier via ScienceDaily

Two critical reviews examine the current status of biologic approaches for common shoulder and elbow problems. The authors discuss areas where the current evidence base is weak or controversial and recommend where further studies are required. [READ MORE](#)

## [A warning from a doctor who has done thousands of steroid injections for arthritis](#)



The Atlantic

After giving birth to a baby, a young woman told her nurses at Boston Medical Center that she was having pain in her hip. That happens sometimes after births, says Ali Guermazi, one of the doctors involved. As he recounts the case from a few years ago, he looked at X-rays and saw a small amount of extra fluid in the joint. Otherwise things looked normal. [READ MORE](#)

## [Doctors sound off about EHR shortcomings](#)



Medical Economics

Medical Economics recently conducted its 2019 EHR Scorecard, which included the question to physicians: "In your opinion, what is the biggest problem with EHRs across the marketplace?" Here is a sample of their responses, broken into six categories of criticisms. [READ MORE](#)

### COA Report

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