

IN THIS ISSUE

Continue the Learning Begun at COA's 2016 Annual Meeting/QME Course/Sharing Information with all COA members on . . .

Pain Management

Medical Ethics

Orthopaedic Pain Management

1) Pre and Post Operative Pain Management— Mechel Henry, M.D.

- Overall Treatment Goals

Move From:

Sensory-physical model

Unidimensional (e.g., degree of actual or potential tissue damage is equal to reported pain severity)

Pain Undifferentiated, Vague, Overwhelming

- Characteristics of Patients who are Likely to Become Chronic Pain Patients
- Advances in Pain Management and Research
- Non-Narcotic Options for Managing Patient Pain

Move Towards:

Biopsychosocial model

Multidimensional

Emphasize interaction of thoughts, feelings, behaviors, and symptoms

2) Assessing Impairment and Disability in the Pain Patient- AMA Guides Newsletter—Jan/Feb, 2016

3) Picking the Most Effective Pain Medicine—Based on DNA Testing

Svetlana Kantorovich, Ph.D., Proove Biosciences, Inc.

4) Tracking Pain—How Health Data Provided by Patients Adds Up to Better Care

Sean Mackey, M.D., Stanford

- When treating chronic pain patients—physicians need information on patients' social and emotional well-being as well as their physical symptoms
- Creating a computer-based system that analyzes patient data changing pain management at Stanford
- Collaborative Health Outcomes Information Registry (CHOIR) —<http://choir.stanford.edu>
- Analyze why some patients improve faster than others
- Tool available to all surgeons through open source software

Medical Ethics

Physicians are under scrutiny at every turn to provide appropriate care for their patients in a cost-effective and ethical manner based on evidence-based guidelines. It's appropriate to be reminded of the AAOS Code of Medical Ethics.

[AAOS Code of Medical Ethics and Professionalism for Orthopaedic Surgeons](#)

Symposium presentations/handouts on these and other topics presented at COA's 2016 Annual Meeting/QME Course can be found at:

<http://coa.org/annual-meeting/past-meetings/2016-annual-meeting-qme-course/>

and at Stanford's CHOIR site: <http://choir.stanford.edu>

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- ⇒ Medical Ethics
- ⇒ NEW COA Officers / Board members
- ⇒ Job Opportunities

Additional listings can be found in COA's Career Center—<http://coa.org/members/career-center/>

COA Report

For COA Members!

Orthopaedic News—Summer, 2016

California Orthopaedic Association

COA Elects New Officers

- ◆ Jan E. Henstorf, M.D.—Fremont
- ◆ Basil R. Besh, M.D.—Fremont
- ◆ Alexandra (Alexe) E. Page, M.D.— San Diego
- ◆ Ronald A. Navarro, M.D.—Harbor City

New/Re-elected Board members

- ◆ Lesley Anderson, M.D. Northern California District
- ◆ John Steinmann, D.O. Inland Empire District
- ◆ Tom Donaldson, M.D. Inland Empire District
- ◆ Daniel Davis, M.D. Los Padres District
- ◆ Jason Hofer, M.D. Los Padres District
- ◆ Alexander Davis, M.D. Sequoia District
- ◆ Raymond Raven, M.D. Young Orthopaedist
- ◆ Alexandra Schwartz, M.D. Young Orthopaedist

New/Re-elected CA AAOS Board of Councilors

- ◆ Richard Biama, M.D. Inland Empire District
- ◆ Michael Klassen, M.D. Northern California District
- ◆ Paul Braaton, M.D. Sequoia District

Job Opportunity

Orthopaedic Surgeon Needed In Riverside

Posted May, 2016

Looking for an orthopaedic surgeon in any of the following areas:

1. GENERAL
2. HAND SURGEON
3. JOINT REPLACEMENT or
4. PEDIATRICS

Contact Person: V.P.DHALLA

CELL: 951-880-3344

Email VPD47@AOL.COM

Job Opportunity

Orthopaedic Surgeon Needed

South Bay area of Los Angeles Posted June, 2016

Solo orthopedic surgeon (adult reconstructive) looking for a general, spine, or sports orthopedic surgeon to join our practice as an associate in a space and overhead sharing arrangement.

The practice is in an ideal location. We are 10 minutes away from each of the two local community hospitals and next door to an ASC where partnerships are available. There are no long commutes for hospital rounds or surgery. We are also one half mile from the beach!

If you would like to build your practice without the huge overhead of opening your own office, you can share space and overhead with us. We have a knowledgeable, extremely capable staff and our physical therapists are top notch.

Some of the items that you will have access to are:

New digital x-ray system
Established EMR system
In-office Physical Therapy
MRI facility in our building

Call: (310) 372-4646 or email aareffmd.inc@verizon.net