# QME Course

Moderator: Michael Klassen, M.D.

7:00 AM	Registration	DeAnza Ballroom Foyer
7:00 AM	Breakfast/Networking with Exhibitors	Expo Hall
7:55 AM	Welcome/ Daily Announcements	Michael Klassen, M.D.
8:00 AM	Accuracy Can Be Crucial In Evaluation Reports and Forms	Ramon Jimenez, M.D.
8:20 AM	Q&A	
8:30 AM	Utilization of Grip Testing for Impairment	Michael Klassen, M.D.
8:50 AM	Q&A	
9:00 AM	Managing the "Autopilot Mind" for Optimal Health	David Ring, M.D.
9:45 AM	Q&A	
10:00 AM	Break/ Ortho Expo	Expo Hall
10:30 AM	DWC Initiatives Affecting QMEs & AMEs	Raymond Meister, M.D. Ted Richards, Nicole Richardson, JD., DWC
11:15 AM	Q&A	
11:30 AM	Applying the Kite Decision - Here's How to Do It!	Dirk Stemerman, JD Martin Guzman, JD
12:15 PM	Q&A	
12:30 PM	Lunch   Exhibitor-Sponsored Educational Session Simplexam - Being More Efficient in Generating Your Reports	Brock Curry. Simplexam
1:15 PM	Apportionment Pearls to Improve your Opinions on Apportionment and the Ratability of your Reports.	Raymond Correio, former DWC Judge
	Q&A <u>Apportionment Case Law</u> <u>Handout</u>	
3:15 PM	Break/ Ortho Expo	Expo Hall
3:45 PM	Objectifying Pain in Disability Evaluations	David Ring, M.D.
4:30 PM	Q&A <u>Handout</u>	
4:45 PM	How to do Effective Telehealth in Musculoskeletal Evaluations	David Eisenhauer, DO
5:30 PM	Q&A	
5:45 PM	Adjourn	

# Thursday May 18

11:30 AM

12:30 PM

# **Lunch with Exhibitors / Informercials**

- Cooperative of American Physicians, Inc.
- Sharecare
- Kessenick Gamma
- National Medical Billing Services

Karen Sollar, Moderator **CBONES** 

### Pearls You Need to Know to Successfully Work with Barbara Horowitz Payors and Get Paid

- Is it time for your practice to get a check up from the neck up?
- A journey through your practice to identify cost savings
- How savvy are you? Looking at your receivables
- Your financial savings while walking through a patient journey in your practice
- Credentialing
- Contracting

Kim Fenton, Coastal Healthcare Consulting Group

#### Blue Shield Episode of Care program

OMFS - Workers' Comp Treatment Fee Schedule

Management Services Orgnization (MSOs)

**Adjourn** 

Diane Przepiorski, COA **Executive Director** 

3:45 PM 4:00 PM

3:00 PM

3:30 PM

# Friday May 19

# Practice Management

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	Moderator: Raymond Raven M.D., MBA	
7:00 AM	Registration	DeAnza Ballroom Foyer
7:00 AM	Breakfast/Networking with Exhibitors	Expo Hall
7:30 AM	Management Services Organization (MSO) What is an MSO?	Raymond Raven, M.D., MBA
7:40 AM	MSO's Legal Implications and The Pitfalls People get Into with Stark and Anti-kickback Rules	Andrew Kinworthy, Esq. , Polsinelli LLP
8:00 AM	The Future of Orthopedics: Practice Consolidation, Private Equity, and the Employed Orthopaedist	David Jacofsky, M.D.
8:45 AM	The Corporate Practice of Medicine Ethical Implications of Orthopaedic Surgery Practice Ownership by Non-Physicians	Michael J. Moses, M.D.
9:00 AM	Panel Discussion   Q&A	All Faculty, Paul Braaton, M.D Basil Besh, M.D.
9:30 AM	Patient-Reported Outcomes or Yelp? Which Matters Most?	Justin Saliman, M.D.
10:00 AM 10:10 AM	Q&A	Evra e Hall
10.10 AM	Break/ Ortho Expo  Moderator: Michae	Expo Hall el Klassen, M.D.
	In-Office Needle Arthroscopy - Potential to Transform	
10:40 AM	Outpatient Care	Rachel Frank, M.D.
10:55 AM	The Impact of COVID Governmental Overreach and Impact on the Economy and Healthcare in California Q&A	Jay Bhattacharya, M.D., PhD
	Moderator: Basil Be	esh, M.D.
11:25 AM	Federal Legislative Update Proposals to Revamp the Medicare Physician Fee Schedule - What's Being Discussed?	Michael Suk, MD, JD, MPH, MBA, Secretary, AMA Board of Trustees
12:05 PM	Q&A	
12:20 PM	Lunch - Exhibitor Sponsored Session Optimizing Surgical Workflow: How Artificial Intelligence is	Drew Domagalski, <b>LeanTaas</b>
12:30 PM	Enhancing OR Efficiency and Surgeon Access	Diew Domagaiski, Leamaas
1:00 PM	Networking Labs	
Lab #1 Redwood I	No More Surgeries What's Next? - Getting out of it all! QME Curious - What is a QME and How to Become One?	Lesley Anderson, M.D. Paul Wakim, DO
Lab #2 Bonsai I & II	New Technologies in Ultrasound - The Role of Hand-Held Devices	Ariana Demers, M.D., Global Ultrasound Butterfly   Clarius
Lab #3 Serra Ballroom	Pain Management Strategies Optimizing Surgical Outcomes by Preventing Opioid Dependence and Improving Post-Operative Pain	Alexander Sah, M.D. Heron Pacira
Lab #4 Ironwood	Virtual and Augmented Reality: Improving MSK Services - New Technologies Changing Practice	Valerie Davis, MicroPort Orthopedics
Lab #5 Cottonwood	Labs Hands On Lab Moderator: Raymond Raven, M.D., MBA Karen Sollar EHR for Orthopaedics - How to Compare the Options	Jonathan Henderson, Veradigm
2:30 PM	Break/ Ortho Expo	dr. chrono Expo Hall
3:00 PM	What's New in Medical Malpractice Laws Are There New Risks/Exposures for Surgeons	Kim Stone, JD
	Risk Management and MICRA	Bryan Dildy, MPA CAP
3:45 PM	How Not to Get Sued? Q&A	Dominique A. Pollara, Esq
4.00 DM	State Legislative Update  Moderator: Basil Besh,	
4:00 PM	Top 5 Things Affecting Orthopaedic Practice	Kim Stone, JD - COA Lobbyist
4:15 PM	CMA's 2023 Legislative Priorities	Donaldo Hernandez, M.D., CMA President

Katrina Powley, RN Pacific Grove Unified School District Moderator: Raymond Raven, M.D., MBA

**Resident Rumble - Competition Between Residents and Attendings** Orrin Franko, M.D. - Attending Coordinator | Garrett Berger, M.D. - Resident Coordinator 4:50 PM

Exhibit Hall Drawing (must be present to win) 5:15 PM

California Orthopaedic Foundation Scoliosis Testing - Pacific Grove Middle School

6:00 PM Happy Hour - Welcome Reception

4:35 PM

Portola Hotel - Peter B's Terrace

Michael Purnell, M.D. John Vorhies, M.D.

# Serra Ballroom

# Clinical Day 1

# Saturday May 20

Moderator: Alexander Sah, M.D.

7:00 pm	Gala Dinner	Monterey Beach Station
		Montoroy Roach Station
3:00 PM	Marketing, Outreach to Urgent Care & More Adjourn	
	Starting off Strong in Practice: Making the Most of Hospital Co	~
	A Different Perspective on Practice Models: How to Compare Academic, Employed and Kaiser Jobs in California Finding and Evaluating Jobs: How to Compare Apples with C	
	Practical Information to Help you Evaluate Practice Opportur	
1:00 PM	Orrin Franko, M.D. and Garrett Berger, M.D.	
	Resident Session	Bonsai Room I & II
12:25 PM	Q&A   Live Polling	
	Best Practices in Pain Management	John Gamen, M.D.
	Youngish Femoral Necks ITs and Atypical Femur Fractures Avoiding Trouble	John Garlich, M.D.
		Mark Lee, M.D. Alexandra Schwartz, M.D
11:50 AM	Trauma Symposium  New Approaches & Techniques to Periprosthetic Femur Fractures	Charles Moon, M.D.
11:30 AM	Q&A   Live Polling	<b>a.</b>
	Best Practices in Pain Management	
10:40 AM	Osteoporosis Update	Susan Bukata, M.D.
10:30 AM	Break/ Ortho Expo	Expo Hall
10:15 AM	Q&A   Live Polling   <u>Handout 1</u>	
9:30 AM	New Best Practices in Radiation Safety	Isabel Newton, M.D.
9:05 AM	Q&A   Live Polling	
	Best Practices in Pain Management	Kevin Plancher, M.D.
	Robotics in TJA	Bryant Bonner, M.D.
	Kinematic TKA	Steven Howell, M.D.
	Outpatient Joints	Nithin Reddy, M.D.
	My Journey in UKA: Let Me Show You How to Avoid TKA in the Appropriately-Indicated Patient	Kevin Plancher, M.D.
8:11 AM	What's New in Total Joints	Kevin Plancher, M.D.
7:41 AM	Exhibitor - Sponsored Educational Session Help Build Bone and Reduce Fracture Risk in Postmenopausal Women with Osteoporosis at High Risk for Fracture	Candice Brady, M.D., AMGEN
7:38 AM	Exhibitor - Sponsored Educational Session	
7:35 AM		Wilson Lai, M.D., UC Irivine Brendon Mitchell, M.D., UCSD
7:32 AM	COA Resident Awards - Clinical Papers	Ryan Freshman, M.D., UCSF
7:28 AM	OREF Resident Award	Peter Brethauer,OREF Garrett Berger, M.D., UCSD
7:24 AM	Orthopaedic Institute for Children Resident Award	Brandon Lung, M.D., UC Irvine Kylie Callan BS (Presenter)
7:20 AM	Lloyd W. Taylor Resident Award	Ryan Halvorson, M.D. UCSF
7:16 AM	J. Harold LaBriola, M.D. Resident Award	Seth Ahlquist, M.D. UCLA
7:15 AM	Resident Award Presentations	Michael Klassen, M.D.
7:00 AM	Breakfast/Networking with Exhibitors	Expo Hall
7:00 AM	Registration	DeAnza Ballroom Foyer
6:00 AM	5K Harbor Fun Walk & Run - Meet in Portola Lobby	Lincoln Yee, M.D.

# Serra Ballroom

# Clinical Day 2

Moderator: Alexander Sah, M.D.

7:00 AM	Registration	DeAnza Ballroom Foyer
7:00 AM	Breakfast/Networking with Exhibitors	Expo Hall
7:30 AM	Business Meeting	Michael Klassen, M.D.
8:00 AM 8:02 AM 8:06 AM 8:10 AM 8:14 AM 8:18 AM	COA Resident Award Clinical Papers Ishan Shah, MD., St. Mary's Michael Heffner, M.D., Stanford Cory Mayfield, M.D., USC Richard Hwang, M.D., UCLA Q&A	
8:26 AM	Announcements	Alexander Sah, M.D.
8:30 AM	Exhibitor - Sponsored Educational Session Entering A New World of Postoperative Pain Management	Alexander Sah, M.D. HERON
9:00 AM	Sports Medicine Symposium	Sara Edwards, M.D.
	Meniscal Preservation Surgery - Who is the Right Candidate?	Nicholas Colyvas, M.D.
	Update and Techniques in UCL Management	Ken Akizuki, M.D.
	Controversies in Sports Medicine - A Case Based Approach	Sara Edwards, M.D.
	Best Practices in Pain Management	All Faraulticanal Laglace
	Panel Discussion	All Faculty and Lesley Anderson, M.D.
9:45 AM	Q&A   Live Polling	
10:10 AM	Physical Therapy for Golfers	Joseph Melo, PT, DPT
10:20 AM	Q&A   Live Polling	
10:40 AM	Break/ Ortho Expo	Expo Hall
11:00 AM	Pediatrics - Update from Experts	Kevin Shea, M.D.
	Pediatric ACL	Molly Meadows, M.D.
	Osteochondritis Dissecans of the Elbow	Charles Chan, M.D.
	Osteochondritis Dissecans of the Knee	Kevin Shea, M.D.
	Tibial Spine	Molly Meadows, M.D.
	Graft Choice ACL	Kevin Shea, M.D.
	Sports Trauma Cases (Elbow Med Epicondyle, Tibial Spine)	Charles Chan, M.D.
	Best Practices in Pain Management	
11:50 AM	Q&A   Live Polling	
12:10 PM	Emerging Techniques in Spine Surgery	Yu-Po Lee, MD.
	Ambulatory Spine Surgery	Wayne Cheng, M.D.
	Disc Replacement and Motion Preservation	Yu-Po Lee, MD.
	Use of Artificial Intelligence and Machine Learning	Olumide Danisa, M.D.

# Thank you for attending! See you next year in San Diego! May 2-5, 2024

Best Practices in Pain Management

Exhibit Hall Drawing (must be present to win)

Q&A | Live Polling

12:30 PM

1:20 PM



#### New DEA 8-Hour CME Requirement for Prescribers of Controlled Substances

#### Steps to Earn 8 CME Hours in Pain Management

Step 1 – Attend the Annual Meeting/QME Sessions - listed below

Step 2 – Complete the Daily Evaluations

Step 3 – Review the videos/handouts in pain management – listed below

Step 4 – Take the Pain Management Test – the test only covers the handouts/videos

### COA Annual Meeting/QME Sessions

**Thursday, May 18**Managing the "Autopilot Mind" for Optimal Health Objectifying Pain in Disability Evaluations

Friday, May 19

Pain Management Strategies Optimizing Surgical Outcomes by Preventing Opioid Dependence and Improving Post-Operative Pain

Saturday, May 20

Kinematic Alignment May Reduce Opioid Consumption and Length of Stay Compared to Mechanically Aligned Total Knee Arthroplasty

Pre-existing Mental Health Disorders Are Associated with Higher Rates of Postoperative Complications, Readmissions, and Reoperations Following Arthroscopic Rotator Cuff Repair

Best Practices in Pain Management Total Joints Symposium Osteoporosis Symposium Trauma Symposium

Sunday, May 21
Entering A New World of Postoperative Pain Management Best Practices in Pain Management Sports Medicine Symposium Pediatrics Symposium Spine Symposium

#### Pain Management Videos/Handouts

Sports Psychology and Mental Health

Post-Op Pain Treatment in a Buprenorphine Patient

Healing While Managing Pain and Addiction Risk

Interrupting Biases in the Experience of Management of Pain

No Shortcut to Safer Opioid Prescribing

CDC Clinical Practice Guidelines for Prescribing Opioids for Pain - 2022

Early Intervention, Treatment, and Management of Substance Use Disorders

Substance Use Disorder (Drug Abuse), Symptoms, Causes, Treatment

Substance Abuse Recovery Support Guide for College Students

DEA Notice

Pain Management Test (must pass by at least 50%).

Certificates of Completion will be issued after the meeting, once you have completed the test.

David Ring, M.D. David Ring, M.D.

Alexander Sah, M.D.

Brandon Lung, M.D.

Ryan Freshman, M.D.

Kevin Plancher, M.D. Susan Bukata, M.D. Charles Moon, M.D.

Alexander Sah, M.D.

Sara Edwards, M.D. Kevin Shea, M.D. Olumide Danisa, M.D.

David Ring, M.D. R. Corey Waller, M.D. MS Steven Garfin, M.D., UC San Diego