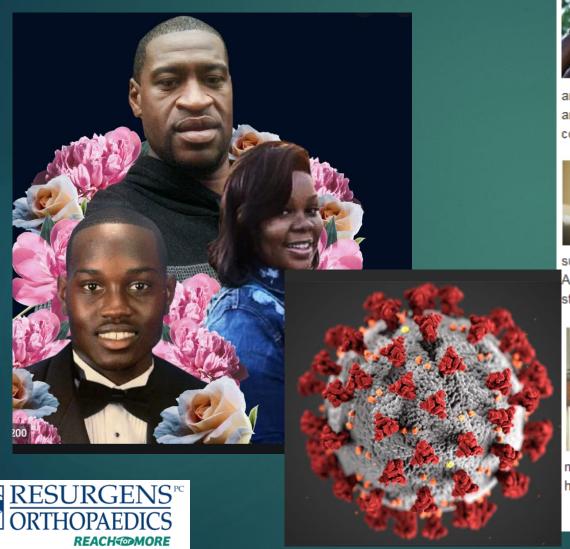
Perfection Not Required

GARY STEWART, MD FAOA, FAAOS

CHIEF, DIVISION OF FOOT & ANKLE WELLSTAR ATLANTA MEDICAL CENTER DIRECTOR, RESURGENS FOOT & ANKLE CENTER SOUTH REGION BOARD REPRESENTATIVE, RESURGENS ORTHOPAEDICS CO-CHAIRPERSON DIVERSITY AND INCLUSION COUNCIL

Why am I here?... 2020





'We Stand with You'

In a special message from the AAOS president, Joseph A. Bosco III, MD, FAAOS, addresses recent racially charged events in America, including the death of George Floyd, telling Academy members of color, "We stand with you." Dr. Bosco also noted the Academy's goal to evolve the culture

and governance of AAOS' board and volunteer structure to become more strategic, innovative, and diverse. "A more diverse Academy will lead to better care for our patients, including those of color," he said.



A Public Health Crisis: Racism and Racial Disparities

The COVID-19 pandemic and the recent death of George Floyd have both brought to light continued racial disparities in the United States. In this article, Julie Balch Samora, MD, PhD, MPH, FAAOS, deputy editor of AAOS Now, calls racism a public health crisis and calls on orthopaedic

surgeons to combat racism and minimize racial disparities. The article also discusses ways AAOS is working to increase diversity within the organization's leadership and volunteer structure and what members can do to combat this public health crisis.



A Message from Eric Ward Carson, MD, President of JRGOS

Eric Ward Carson, MD, president of the J. Robert Gladden Orthopaedic Society (JRGOS), wrote a letter to JRGOS and the orthopaedic surgery community discussing the racial injustices taking place across the country as the battle against COVID-19 continues. Dr. Carson recalls his own experience with racism and the concerns he still harbors today for his son, a young black male in his 20s. "As the leader of the JRGOS, I propose we raise our voices,

mobilize, and be part of the solution to these racial and healthcare inequities and work hand and hand with the AAOS leadership to bring about the necessary change," Dr. Carson wrote.



How Majority Surgeons Can Encourage, Promote Diversity in the Workplace

Gary W. Stewart, Md. Faaos. and Jasmin McGinty, Md. Faaos. Fao





Out of the Closet: Physician Endures Through DADT and DOMA

Growing up as a tomboy in the conservative, heavily Christian town of Springfield, Mo., I yearned to be "normal." I dated men because that was what I was ...

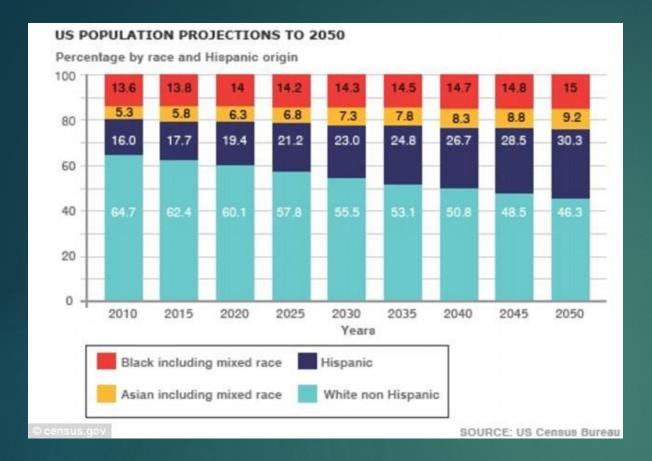
We Need to Expand Efforts to Increase Diversity

Stop Talking About Diversity and Do Something

OOUGLAS W. LUNDY, MD, MBA, FAAOS, AND GARY W. STEWART, MD, FAAOS

Transgender Orthopaedic Surgeon Talks
About Discrimination

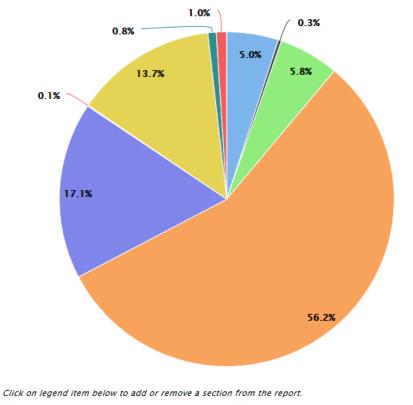




Diversity in Medicine: Facts and Figures 2019 AAMC

REACH®MORE

Figure 18. Percentage of all active physicians by race/ethnicity, 2018.



- American Indian or Alaska Native (2,570)
- Black or African American (45,534)
- Multiple Race, Non-Hispanic (8,932)
- Other (7,571)
- White (516,304)

- Asian (157,025)
- Hispanic (53,526)
- Native Hawaiian or Other Pacific Islander (941)
- Unknown (126,144)

We have to Communicate

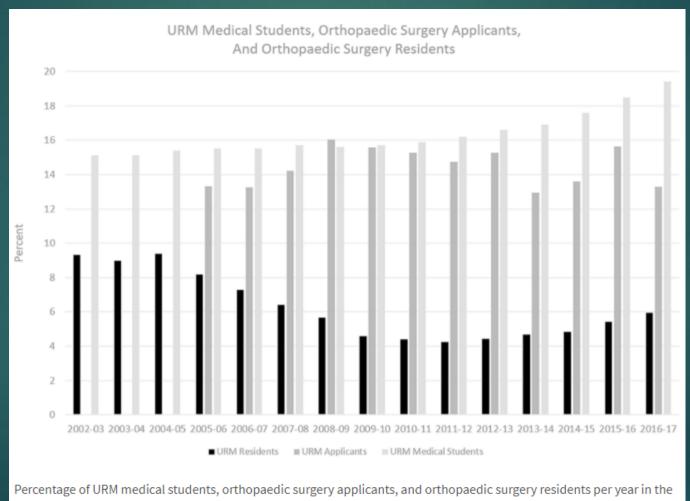
affects outcome after total knee arthroplasty. Acta Orthop. 2015;86(1):41-7.

Pandya KN, Wustrack KR, Metz KL, Ward KD. Current concepts in orthopaedic care 4. Hoaglund FT, Oishi CS, Gialamas GG. Extreme variations in racial rates of total hip 8 Katz JN. Persistence of racial and ethnic differences in utilization and adverse outcomes of disparities. J Am Acad Orthop Surg. 2018;26(23):823-32. arthroplasty for primary coxarthrosis: a population-based study in San Francisco. Ann total joint replacement. J Bone Joint Surg Am. 2016;98(15):1241-2. Rheum Dis. 1995;54(2):107-10. Article Google Scholar Article Google Scholar CAS Article Google Scholar 2. Braveman P. Health disparities and health equity: concepts and measurement. Annu Rev Public Health. 2006;27:167-94. 15. O'Brien MM, Gonzales R, Shroyer AL, Grunwald GK, Daley J, Henderson WG, et al. Perry M, Baumbauer K, Young EE, Dorsey SG, Taylor JY, Starkweather AR. The influence Modest serum creatinine elevation affects adverse outcome after general surgery. Kidney 21. Akee R, Jones MR, Porter SR. Race matters: income shares, income inequality, and 27. Li X, Veltre DR, Cusano A, Yi P, Sing D, Gagnier JJ, et al. Insurance status affects income mobility for all U.S. races. Demography. 2019;56(3):999-1021. 3. Adelani MA, O'Connor MI. Perspectives of orthopedic surg postoperative morbidity and complication rate after shoulder arthroplasty. J Shoulder in care. J Racial Ethn Health Disparities. 2017;4(4):758-6 Article Google Scholar Elb Surg. 2017;26(8):1423-31. Goodman SM, Mandl LA, Parks ML, Zhang M, McHugh KR, Lee YY, et al. Disparities in Article Google Scholar O'Connor MI, Lavernia CJ, Nelson CL. AAOS/ORS/ABJS TKA outcomes: census tract data show interactions between race and poverty. Clin disparities research symposium: editorial comment: a call Orthop Relat Res. 2016;474(9):1986-95. musculoskeletal healthcare disparities. Clin Orthop Relat 1 28. Ghomrawi HMK, Funk RJ, Parks ML, Owen-Smith J, Hollingsworth JM. Physician Article Google Scholar charge de referral patterns and racial disparities in total hip replacement: a network analysis approach. PLoS One. 2018;13(2):e0193014. 23. Amen TB, Varady NH, Rajaee S, Chen AF. Persistent racial disparities in utilization rates 5. Koh HK, Graham G, Glied SA. Reducing racial and ethnic and perioperative metrics in total joint arthroplasty in the U.S.: a comprehensive analysis the department of health and human services. Health Aff (Article Google Scholar of trends from 2006 to 2015. J Bone Joint Surg Am. 2020. 6. Gaffney A, McCormick D. The affordable care act: implicat 29. Liu JH, Zingmond DS, McGory ML, SooHoo NF, Ettner SL, Brook RH, et al. Disparities entvisits 24. Brown LE, Burton R, Hixon B, Kakade M, Bhagalia P, Vick C, et al. Factors influencing Lancet. 2017;389(10077):1442-52 in the utilization of high-volume hospitals for complex surgery. JAMA. emergency department preference for access to healthcare. West J Emerg Med. 2006;296(16):1973-80. Where Do We Stand Today on Racial and Ethnic Health Zhang W, Lyman S, Boutin-Foster C, Parks ML, Pan TJ, La CAS Article Google Scholar throplast 25, K Inequities? Analysis of Primary Total Knee Arthroplasty disparities in utilization rate, hospital volume, and periope Arthroplasty. J Bone Joint Surg Am. 2016;98(15):1243-52 of from a 2011–2017 National Database 30. Losina E, Wright EA, Kessler CL, et al. Neighborhoods matter: use of hospitals with worse outcomes following total knee replacement by patients from vulnerable Antonio Cusano, Vivek Venugopal, Christian Gronbeck, Melvyn A. Harrington & Mohamad J. Halawi populations. Arch Intern Med. 2007;167(2):182-7. Article Google Scholar Journal of Racial and Ethnic Health Disparities (2020) Cite this article Arthritis Care Res (Hoboken). 2018;70(6):884-91. 11 Pamilo KJ, Peltola M, Paloneva J, Mäkelä K, Häkkinen U, Remes V. Hospital volume Article Google Scholar

JBJS Sept 19, 2019 vol. 101 issue 18 pg. 96

The Distribution of Underrepresented Minorities in U.S. **Orthopaedic Surgery Residency Programs**

Muyibat A. Adelani, MD Melvyn A. Harrington, MD Corey O. Montgomery, MD



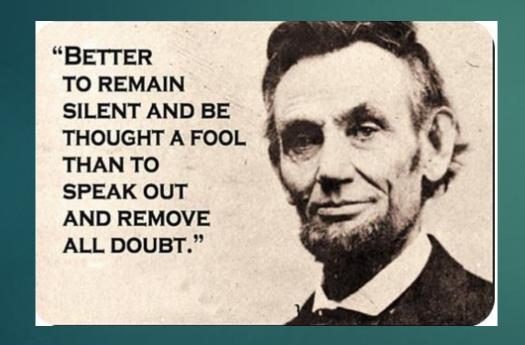


U.S.





Fearful? Will I be cancelled?





Who am I

Male

Gen X

Upper Class

Christian

MD

Black

African

Heterosexual

Fully Mentally Able

Married

English

US Citizen

Able bodied



Male

Gen X

Upper Class

Christian

MD

Black

African

Heterosexual

Fully Mentally Able

Married

English

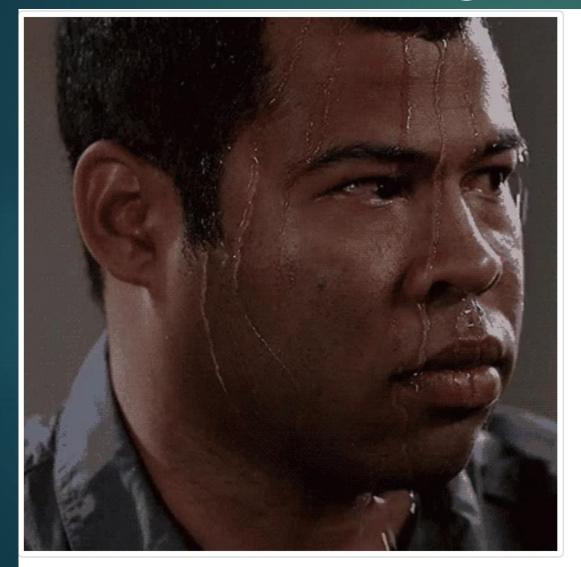
US Citizen

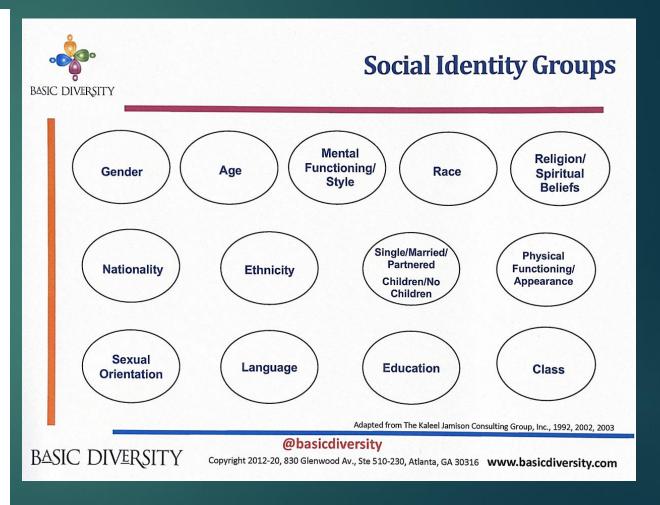
Able bodied

Social Identity Group	One-Up	One-Down
1. Gender	Men	
2. Age	Baby Boomers	X
3. Class	Upper Class	
4. Religion	Christian	
5. Education	Degree	
6. Race	White	X
7. Ethnicity	European American	X
8. Sexual Orientation	Heterosexual	
9. Mental Functioning	Fully Mentally Able	
10. Marital Status	Married	
11. Language	English	
12. Nationality	US Citizen	
13. Physical Functioning/ Appearance	Temporarily Able Bodied/ Attractive	



10/13- "Mainstream" or Dominant social identity groups







Why I am here?

2 out of 3

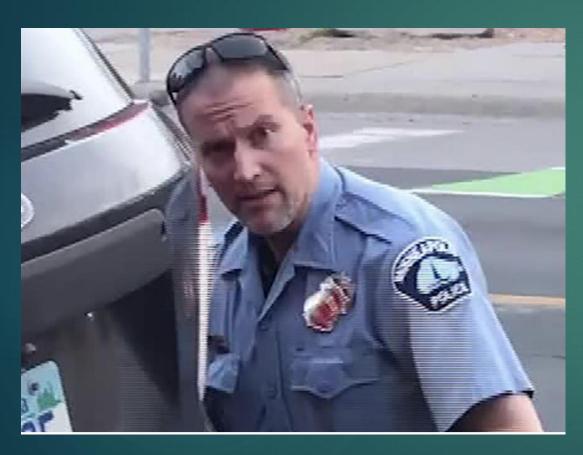
Black

African Descent





Why I AM Here

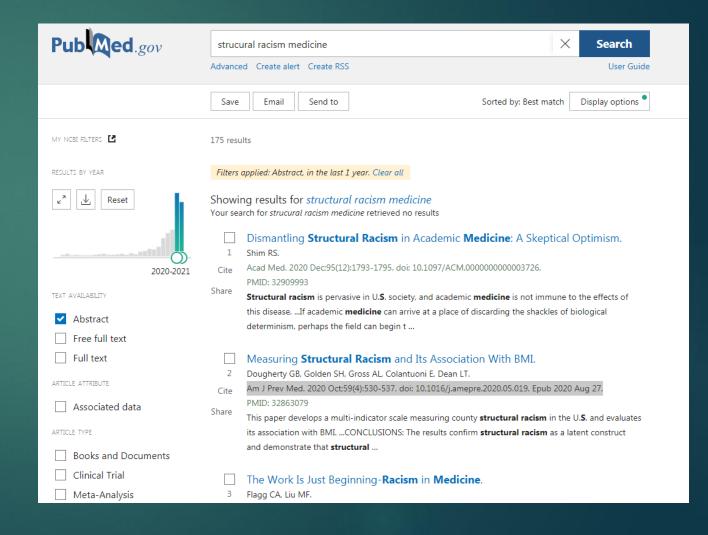


When those that are supposed to protect and serve

We also took an oath to...

"I will follow that system of regimen which, according to my ability and judgment, I consider for the benefit of my patients, and abstain from whatever is deleterious and mischievous."

a translation of the Hippocratic oath





Do No Harm...Not Quite

Technology & Ideas

Structural Racism Extends to the **Doctor's Office**

Black patients are still treated differently in America than White patients.



Trend of fewer black male doctors has broader public health impact



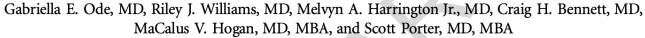
THE

ORTHOPAEDIC **FORUM**

Achieving a Diverse, Equitable, and Inclusive Environment for the Black Orthopaedic Surgeon

Part 2: Obstacles Faced in Inclusion and Retention of Black Orthopaedic Residents





Silence is Not an Option



DIVERSITY

SOUND OFF

Perfection Is Not Required to Talk About Race

GARY W. STEWART, MD, FAAOS, FAOA



Conversations on Race

- ► Acknowledge your Bias
- ► Effective Listening
- ▶ Educate Yourself
- ▶ Read for the case.
- Understanding Power Dynamic
- Cultural Informants
- Speak up
- ▶ Keep Learning



Conversations on Race

- Acknowledge your Bias
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PREPARATION-Acknowledge Bias

- Identify and challenge your preexisting bias
- ▶ No one is "colorblind"





Preparation-Acknowledge Bias



Breaking the Bonds of Bias (B3)
Principles

- Accept that we are all biased.
- 2 Acknowledge that these biases influence your attitudes and actions.
- Actively seek to identify your biases -- both implicit & explicit.
- Acknowledge that you must create strategies to overcome your biases.
 - Individually <u>and</u> Organizationally
- 5 Positively acknowledge & affirm human differences and similarities.
- 6 Operate out of mercy **not** vengeance.
- Seek first to understand, then to be understood.

Created by Al Vivian





Acknowledge - Implicit BIAS

Implicit Bias

the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner.

Explicit Bias

the attitudes and beliefs we have about a person or group on a conscious level.



Implicit Association Test





LOG IN TAKE A TEST ABOUT US EDUCATION BLOG HELP CONTACT US DONAT

Preliminary Information

Whichever IAT you do, we will ask you (optionally) to report your attitudes toward or beliefs about these topics, and provide some general information about yourself. These demonstrations should be more valuable if you have also tried to describe your self-understanding of the characteristic that the IAT is designed to measure. Also, we would like to compare possible differences among groups in their IAT performance and opinions, at least among those who decide to participate.

Data exchanged with this site are protected by SSL encryption, and no personally identifying information is collected. IP addresses are routinely recorded, but are completely confidential.

Important disclaimer: In reporting to you results of any IAT test that you take, we will mention possible interpretations that have a basis in research done (at the University of Washington, University of Virginia, Harvard University, and Yale University) with these tests. However, these Universities, as well as the individual researchers who have contributed to this site, make no claim for the validity of these suggested interpretations. If you are unprepared to encounter interpretations that you might find objectionable, please do not proceed further. You may prefer to examine general information about the IAT before deciding whether or not to proceed.

You can contact our research team (implicit@fas.harvard.edu) or Harvard's Committee on the Use of Human Subjects (cuhs@harvard.edu) for answers to pertinent questions about the research and your rights, as well as in the event of a research-related injury to yourself.

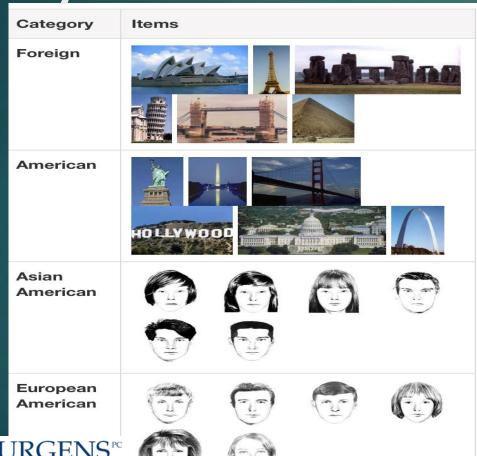


I am aware of the possibility of encountering interpretations of my IAT test performance with which I may not agree. Knowing this, I wish to proceed

Implicit Association Test

(IAT)

REACH® MORE



Asian American

Part 1 of 7

European American

Put a left finger over the **left** green area for items that belong to the category Asian American.

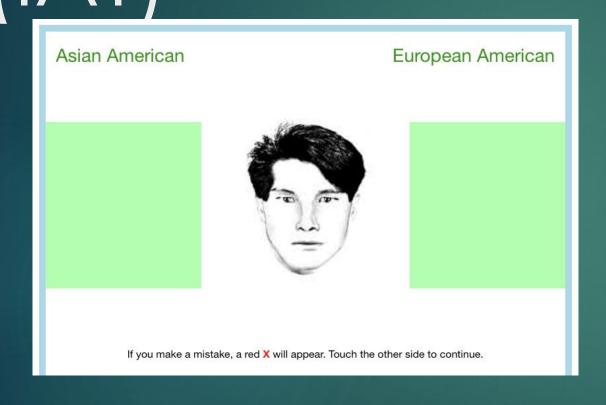
Put a right finger over the **right** green area for items that belong to the category European American.

Items will appear one at a time.

If you make a mistake, a red X will appear. Touch the other side. Go as fast as you can while being accurate.

Touch the **lower** green area to start.

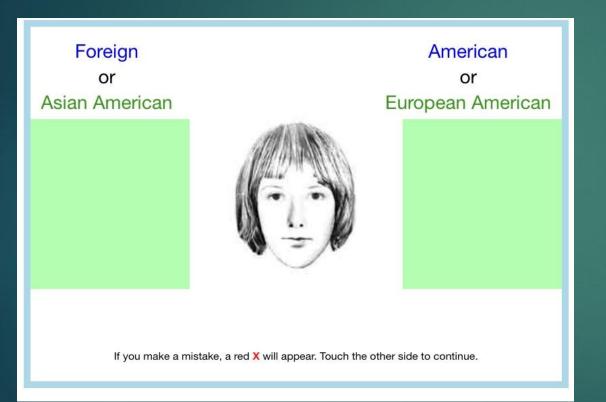
Implicit Association Test

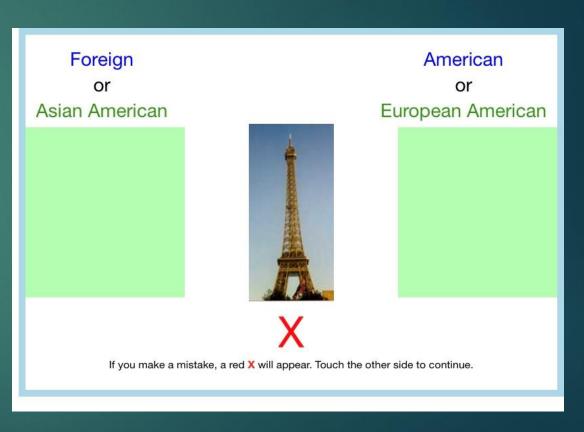






Implicit Association Test (IAT)





Debriefing

The sorting test you just took is called the Implicit Association Test (IAT). You categorized good and bad words with images of Black people and White people.

Here is your result:

Your data suggest no automatic preference between Black people and White people.



Preparation-Acknowledge Bias



5-Steps to Mitigating Implicit Bias

- **1** Understand We ALL Have Biases
 - Oh, you mean I'm normal?
- 2 Study Yourself
 - Identify <u>YOUR</u> biases
 - IAT Implicit Bias Test (implicit.harvard.edu)
- 3 Current Situation -vs- Personal Baggage
 - Why did that make me uncomfortable?
- Analyze Factual Data
 - What does the research say about that group?
 - Beware of conformation bias
 - Use legitimate sources
- **5** Cultural Informants
 - Establish relationships with people from the "other" group(s)

Created by Al Vivian

BASIC DIVERSITY

@basicdiversity

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Conversations on Race

- ► Acknowledge your Bias
- Effective Listening
- ▶ Educate Yourself
- ▶ Read for the case.
- Understanding Power Dynamic
- Cultural Informants
- Speak up
- Keep Learning



Listen

Be ready to listen & not Respond.. Do not center the narrative around you. This is different from being silent and not engaging

Listen

► Empathize and don't sympathize with Black and Brown people.

- Not the time to insert your narrative
- Check in on your Black or Brown friends, family, partners, loved ones, and colleagues.

Your Black Colleagues May Look Like They're Okay, But They're Not

DANIELLE CADET
LAST UPDATED 29 MAY 2020, 2:0









HOTO: DANIA MAXWELL/LOS ANGELES TIMES/GETTY MAGES.

Let's cut to the chase. It's been a tough few days...weeks...months.

For many people, working in the midst of a global pandemic has been difficult. For those of us fortunate enough to continue doing our jobs safely at home, we've had to somehow make ourselves look presentable for nonstop digital meetings, and had to learn how to be productive as the lines between our personal and professional lives continue to blur. We've run out of shows to stream, Instagram lives to watch, things to bake. We're confused and scared, and we don't know when any of this will be over.



Interaction #1

Dear Dr. Stewart,

I have read and reread your article in AAOS Now. Thank you for writing this piece. I hesitated to contact you about this because of the fear that you would view me as racist, contrary or difficult. I have found myself in that position several times in the past few months when trying to talk about racial tension. Your article encouraged me. "Let's talk", you wrote. So, here I a.m. have looked at the George Floyd case. There is new video available since your article was published.

The immediate concern that I have for George Floyd is that he is a fellow citizen like you and me. There does not appear to be any evidence that he was treated as he was because of his skin color. It seemed that the up to the time when the officer put his knee on Floyd's neck that they were doing everything that they could to get him into the police car. Had he gone into the car, none of the following event would have happened. His subsequent treatment was inexcusable regardless of his color.

For us to be honest about racial discrimination, it probably isn't helpful to brand every interaction as racially based. I have not seen evidence that his arrest and subsequent treatment were based on his race. His case may not be a good example of racial discrimination in police behavior.

I am interested in your thoughts.

Your white colleague,



Interaction #2

I tried to discuss George Floyd with some of the black hospital employees. I was trying to discuss why George Floyd was glorified on posters and T shirts for his death. In my opinion the death of the pregnant black female EMT killed in a no knock warrant when the wrong location was given would have been a better choice. I asked for their opinions in a Socratic method. I had just listened to Candace Owens discussing this very thing. I asked the nurses if they had ever heard her. First time I had listened to her but she made sense to me at the time on this issue.

I asked in what I have learned was absolutely the wrong way.

I asked how they felt the pregnant lady who George Floyd robbed at gun point felt when she saw his pictures and billboards. She was very much a victim as well. It ended with me asking what we should do about it? They said changing the police.

I asked how they said more training and i stopped talking about said ok and left it at that. In their eyes the conversation was slightly different, but not substantially.



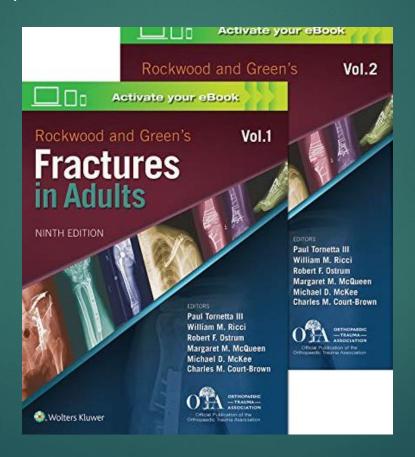
Conversations on Race

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- ▶ Keep Learning



Preparation- **READ** for the Surgical **CASE**

▶ Be sure to educate yourself before a discussion.

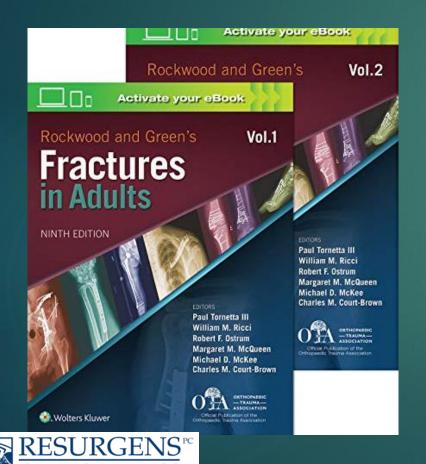




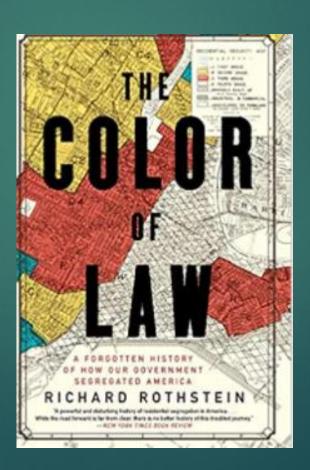
Preparation- **READ** for the Surgical

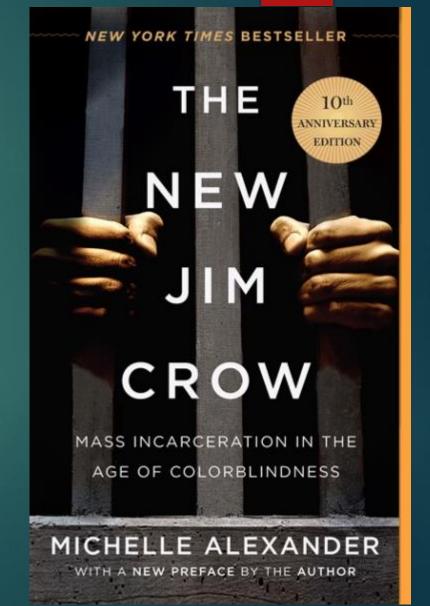
CASE

▶ Be sure to educate yourself before a discussion.

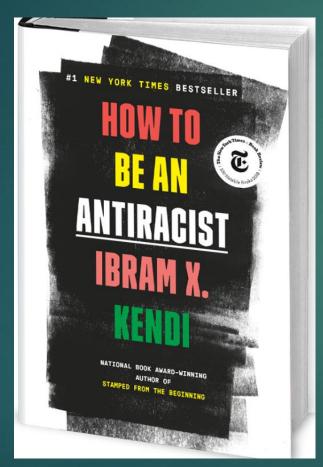


REACH MORE





Preparation



How to Be an Anti racist

White Fragility

Caste

The Color of Law

The New Jim Crow



Podcast



Uncomfortable Conversations with a Black Man

Clinical Problem solvers Antiracism in Medicine Series

Code Switch



Interaction #2

They both wrote me up to administration. Here is the ending of one of the letters.

"As an black woman with two black sons, age 22 and 18, I was extremely uncomfortable. All types of thoughts ran through my head. If this is how he feels about George Floyd, how would he feel about taking care of one of my sons or another black male if they had a criminal background? Has he ever withheld care for a black male due to him having a criminal background? How many black patients has he had and were they treated fairly? It's 2020, you would think that we wouldn't have to ask these type of questions or worry about the color of our skin when receiving care from a doctor/professional, but we do. "

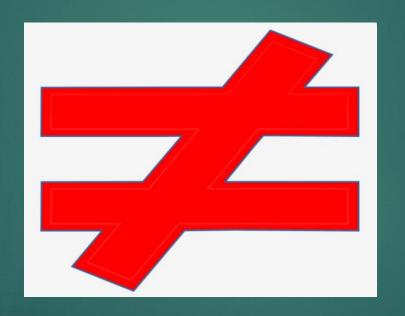
I have been in my little town 31 years. I have tried to be as color blind as possible. I brought a black orthopedic surgeon to town as a partner. I didn't know these people personally but I felt i was trying to understand a situation that gave me questions about race. I have never been written up for anything before. This will likely defuse itself but I feel really hurt. My father was a state policeman and my father in law is a retired city policeman. What happened to George Floyd was wrong. I think everyone can agree. You suggested discussion. My discussion must have been to inflammatory for these women. The hospital administrators said all white people have to be on pins and needles right now and not discuss events like this. To me this encourages racism. I don't have an answer but I just wanted to share what happened to me when I tried to have a civilized discussion.



- ► Acknowledge your Bias
- ► Effective Listening
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- Cultural Informants
- Speak up
- ▶ Keep Learning



Power Dynamic





- ► Acknowledge your Bias
- ► Effective Listening
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- Understanding Power Dynamic
- **►** Cultural Informants
- Speak up
- ▶ Keep Learning



Use Cultural Informants

If you don't have some find some.





- ► Acknowledge your Bias
- ► Effective Listening
- ▶ Educate Yourself
- ▶ Read for the case.
- Understanding Power Dynamic
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- Speak up
- ▶ Keep Learning



Preoperative Time Out

If you see something wrong say something

Speak out against ANY racially insensitive interactions, comments, literature, etc.

Microaggression

Black Colleague mistaken for transport or cleaning staff

Patient deferring to the White person as the default person in power

Black People not needing pain medicine (falsehood)



- ► Acknowledge your Bias
- ► Effective Listening
- ▶ Educate Yourself
- Read for the case.
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- Cultural Informants
- ▶ Speak up
- Keep Learning



CME-Continuing Mental Education

Use what you learn

Make use of your privilege to uplift and to amplify the efforts of your Black and Brown colleagues and friends

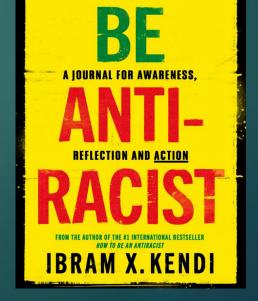
Make real changes in your life based on your knowledge

Continue to learn

BE A TRUE ALLY

keep educating yourself

keep supporting Black and Brown people





The Enemy of Good is...

Perfection

A Message from Eric Ward Carson, MD, President of JRGOS

Eric Ward Carson, MD, president of the J. Robert Gladden Orthopaedic Society (JRGOS), wrote a letter to JRGOS and the orthopaedic surgery community discussing the racial injustices taking place across the country as the battle against COVID-19 continues. Dr. Carson recalls his own experience with racism and the concerns he still harbors today for his son, a young black male in his 20s. "As the leader of the JRGOS, I propose we raise our voices,

mobilize, and be part of the solution to these racial and healthcare inequities and work hand and hand with the AAOS leadership to bring about the necessary change," Dr. Carson wrote.

Eric Carson, MD

'Now more than ever before, we are called upon to use the privilege before us as Orthopaedic surgeons as a vehicle for change.'



Get Started





Our Lives Depend On YOU.

Health

Racism in care leads to health disparities, doctors and other experts say as they push for change

White coats and black lives: Health care workers say 'racism is a pandemic too'

"Racism is, to me, to my family, the biggs Implicit Bias and Racial Disparities in Health Care

The influence of race and ethnicity on complications and mortality after orthopedic surgery: a systematic review of the literature

Andrew J Schoenfeld 1, Renuka Tipirneni, James H Nelson, James E Carpenter, Theodore J Iwashyna





Hospital Care in Black and White: How Systemic Racism Persists

By Barbara Caress

September 16, 2020

Thank You!!!



