

Tips and Tricks:

Hip and Knee Arthroplasty



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Personal and Professional Disclosures

- **Experience** Stanford Faculty – Assistant Professor, Hip and Knee Traveling Fellow, BioDesign Fellow
- **Consulting/Development** Stryker, Exactech, DePuy, Zimmer-Biomet, Haraeus, Medcura
- **Intellectual Property** 10 Issued Patent, 9 Patents Pending, and 2 Trademarks
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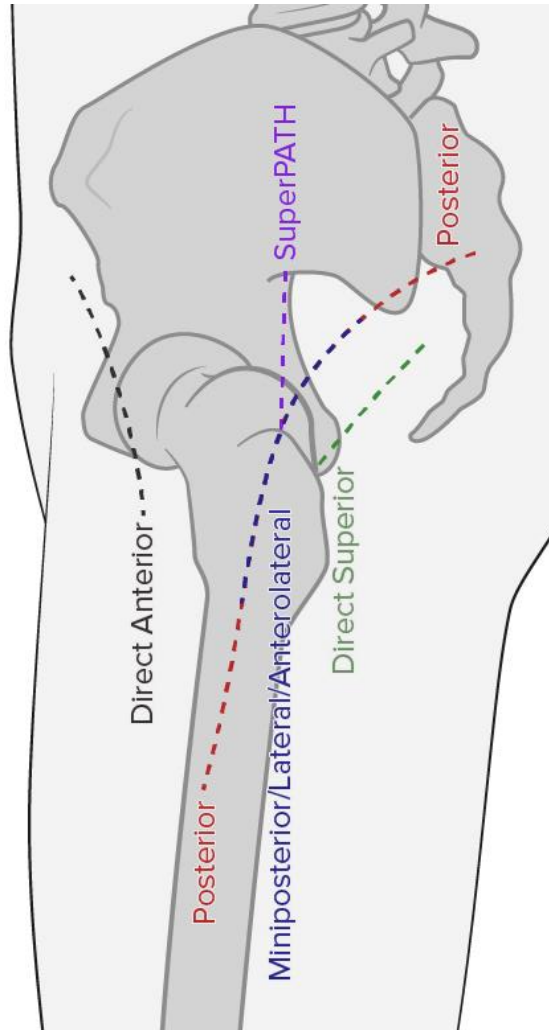
Tips and Tricks: Total Knee Arthroplasty



- Coronal and Sagittal Alignment
- Axial Rotation
- Gap Balancing and Releases
- Resurfacing the Patella
- Dealing with Hardware
- Boney Deformity
- Condylar Constraint/Hinge
- Multiple Incisions
- Periarticular Injections
- Closure



Tips and Tricks: Total Hip Arthroplasty



- Templating – Leg Length and Offset
- Avoiding Femoral Varus
- Criteria for Cementing
- Intra-op Femur Fracture
- Protrusio/Profunda
- Superior Acetabular Defect
- Using Lip/Dual Mobility/Constraint
- Trialing and Combined Version
- Adopting New Technology

