CALIFORNIA ORTHOPAEDIC ASSOCIATION CBONES

2020 ANNUAL MEETING

April 16-19, 2020 Terranea Resort, Rancho Palos Verdes

Engaging Minds, Empowering Success.



EARLY BIRD
REGISTRATION ENDS
MARCH 1, 2020!

Social Events for the Entire Family!

One Stop Shop for CME/QME/
Radiation Safety
Credits

Learn About the Future of Orthopaedics!

TIME TO PLAN FOR THE 2020 COA ANNUAL MEETING!



Why should you attend the meeting? This year we have featured keynote speakers Freddie Fu, M.D. and future AAOS President Joe Bosco, M.D. COA will continue to provide renowned speakers, 10 hours of SAE CME, and interaction with hundreds of surgeons from around California. Beyond this there will be a stimulating Presidential Leadership Symposium on Friday with an array of speakers dedicated to novel ways to bring value to your practices. On Saturday and Sunday, we will have fantastic talks covering hot topics such as stem cells and CBD, as well as current thinking throughout multiple orthopaedic sub-specialties. The meeting is also aiming to engage the needs of younger surgeons with a new break-out session discussing fundamentals of starting and continuing a successful practice, whether it be in employed, private, or academic settings.



The Terranea Resort in lovely Rancho Palos Verdes, California has some of the most picturesque coastline for this upcoming COA Annual Meeting. This relaxing hotel is situated directly on the ocean where "SEA Hunt" was filmed, with the natural beauty of this still relatively untouched piece of coastline. Nearby opportunities abound for hiking, plein air painting by the sea, Kid's Club activities, stand up paddle boarding, and a round of golf at The Links.

Don't miss out on the education, the location, and networking with your ortho colleagues!

Ronald Navarro, M.D. COA President

Daniel A. Norman

Michael P. Hall, M.D.
Annual Meeting Program Chair

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DON'T MISS THE PRESIDENTIAL LEADERSHIP SYMPOSIUM!

Friday, April 17, 2020

Symposium Title:

"How to Rethink Your Business Mindset to Deliver Orthopaedic Value in California"

Investment Perspective Mark Froimson, M.D. MBA, Principal,

Riverside Health Advisors

Entrepreneur Perspective Danny Goel, M.D., CEO, Precision OS

Retail Perspective Marcus Osborne, VP, Health & Wellness, Walmart

Industry Perspective Lawrence Higgins, M.D. VP Strategic Development,

Arthrex

CME ACCREDITATION

CME CONTINUING EDUCATION & PROGRAM COMMITTEE

Ronald Navarro, M.D., COA President
Michael P. Hall, M.D., Annual Meeting Program Chair

Diane Przepiorski, CME Coordinator Kristy Schrimsher, Program Coordinator

ACCREDITATION STATEMENT

The California Orthopaedic Association is accredited by the California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The California Orthopaedic Association designates this live activity for a maximum of **15 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. The California Orthopaedic Association takes responsibility for the content, quality, and scientific integrity of this CME activity.

RADIATION SAFETY

5 credits of the Category 1 CME credits qualify for radiation safety hours to meet the Radiologic Health Branch CME requirements in fluoroscopy and radiation safety.

ABOS MOC CREDITS

10 credits of the Category 1 CME credits qualify for ABOS MOC scored and recorded Self-Assessment Examination credits. **You must take a post test to receive the credits.**

QME CME CREDITS

The QME Course is accredited for **6 hours of Qualified Medical Evaluator (QME) CME credit hours.** COA is provider #100.

TARGET AUDIENCE

This program has been designed for the general orthopaedic surgeon and other members of the orthopaedic health care team to instruct them in the latest research in Stem Cell/Progenitor Cell Treatments and Cannabis & CBD in Orthopaedics and hot topics in: Sports Medicine, Arthroplasty, Trauma, Foot and Ankle, Elbow, and Shoulder. The QME course will update Qualified Medical Evaluators/Agreed Medical Evaluators on the changes to the Medical-Legal Fee Schedule and new disability evaluation issues and case law.

Orthopaedic Health Care Team Members (e.g., Primary Care Physicians, Practice Managers/ Physician Assistants/Nurse Practitioners) are also encouraged to attend.

EDUCATIONAL OBJECTIVES

- Evaluate whether Stem Cell/Progenitor Treatments are right for your arthritic patients.
- * Understand the hot topics in: Sports Medicine, Arthroplasty, Trauma, Foot and Ankle, Elbow, and Shoulder.
- * Enable attendees to rethink their business mindset to deliver orthopaedic value in their practice.
- * Help QMEs/AMEs understand the new changes in disability evaluations and Medical-Legal Fee Schedule.
- * Labor law changes that affect all employers.
- * Federal and State Legislative Update affecting Orthopaedic surgeons and their patients.
- * Learn about the newest orthopaedic technology that will improve clinical treatment options.



SOCIAL EVENTS FOR THE ENTIRE FAMILY!

PRESIDENTIAL "HAPPY HOUR"

Friday, April 17

6:30 p.m. - 7:30 p.m.

Complimentary

A networking opportunity with colleagues and their spouses. Enjoy the chef's creations! Two drink tickets are included with your registration.



Saturday, April 18

6:00 a.m. - 7:00 a.m.

Complimentary

A coastal fun 5K Run/Walk for the entire family along the beautiful **coast trail** all ages are welcome to attend!



A GATHERING FOR COA Family Members

Saturday, April 18

11:00 a.m. - 12:30 p.m.

Complimentary

Spouses and family members welcome! snacks/refreshments/lawn games.

ARCHERY on the Terranea Lawns

Saturday, April 18

2:00 p.m. - 4:00 p.m.

Try a new sport - Learn from an expert.

Cost: \$135.00 per player



COA GOLF TOURNAMENT

Saturday, April 18

2:00 p.m. The Links at Terranea

Cost: \$88 per player - includes a walking cart & prizes

It's a chance of a lifetime to make a hole in one! Special greens to help you achieve this goal.

9-hole Par 3 course, including a 10th hole longest drive competition on the golfing simulator! Try your hand putting with a hickory club. Fun for all skill levels.

TAKE THIS OPPORTUNITY to play a terrific course right on-site at the resort with **spectacular ocean views.**Shot gun start at 2:00 pm.







Join US for the infamous Terranea Seafood Buffet!

No longer offered at the Resort, but brought back especially for COA attendees! What a special evening of great food.

Held in the relaxing Catalina Kitchen. **Don't MISS OUT** on the delicious seafood, salads, sushi and if you are not a seafood lover— Ribeye Steaks.

Another opportunity to have a fun evening with other attendees and their families!

Time: 6:30 p.m.

Cost: \$125 per person | \$50 children 4 - 12 years

Children 4 and under - Free

California Casual attire recommended



7:00 a.m.	Registration/Ortho Expo	
7:00 a.m.	Continental Breakfast	
7:30 a.m.	Interactive Clinical Forum	Industry Sponsored*
8:00 a.m.	Welcome/Announcements	Moderators: Peter Mandell, M.D. Richard Braun, M.D.
8:05 a.m. 8:50 a.m.	Functional Capacity Evaluations & Functional Restoration Programs Their Strengths and Weaknesses Q&A	Rachael Feinberg, PT, DPT Feinberg Medical Group
9:05 a.m. 9:50 a.m.	Medical-Legal Fee ScheduleWhat's Changing? Panel Q&A	Basil Besh, M.D. Saul Allweiss, Esq. Allweiss, McMurtry & Mitchell Nicole Richardson DWC Legal
10:05 a.m.	BREAK / Ortho Expo	
10:35 a.m.	Quality Reports The Worst Mistakes We See in QME/AME Reports and How to Correct Them How Judges Are Providing Feedback to DWC Q&A	Honorable Judge Robert Rassp Presiding Workers' Compensation Administrative Law Judge, Los Angeles District
11:50 p.m.	,	
12:20 p.m.		Larry Dodge, M.D. Richard Braun, M.D. Peter Mandell, M.D. Honorable Judge Robert Rassp
1:35 p.m. 2:20 p.m.	Wounded Workers: Beat Up & Fought Over The Overlap Between a Psych & Musculoskeletal Evaluation Q&A	Robert Larsen, M.D. Psychiatrist
2:35 p.m.	Break/Ortho Expo	
3:05 p.m. 4:05 p.m.	Important New Legal Rulings and Their Effect on the Assignment of the Impairment - How and When to Apply Them Panel Q&A	Gary Lee, Esq.* Richard (Jake) Jacobsmeyer, Esq.
4:20 p.m. 4:40 p.m.	Know Your Rights—URAC Accredited UR Companies Q&A	Shawn Griffin, M.D., President and CEO, URAC
4:50 p.m. 5:20 p.m.	Workers' Compensation—Update on Billing/Coding Issues -Update on EOB's -Relationship of PPOs to MPNs -Strategies Undertaken by MDs to Battle This Unprecedented Revenue Sabotage Q&A	Sarah Moray DaisyBill
5:30 p.m.	Expo Hall Drawing/Adjournment 8	

CBones Annual Meeting Thursday, April 16

Registration/ORTHO EXPO

Welcome/Daily Announcements

HR Topic: Employee Retention & Satisfaction

Risk Management: Service Animals in Your Medical Practice

Compliance: When the OIG Comes Knocking. Will your Practice

Billing: Payor changes that affect your bottom line

CBones Reception: Networking, **Raffle Prizes & Fun!**

Orthopaedic Round Tables: Opportunity to Share, Learn &

Financial 101: Physician Financial Literacy

Continental Breakfast

CBones Business Meeting

Lunch & Infomercials

7:00 a.m.

7:00 a.m.

8:00 a.m.

8:15 a.m.

9:30 a.m.

10:30 a.m.

10:45 a.m.

11:45 a.m.

12:00 p.m.

1:00 p.m.

2:00 p.m.

3:00 p.m.

3:30 p.m.

5:30 p.m.

Break

Survive?

Network!

COA Annual Meeting

Workers' Comp Updates & Exhibit Hall

Terrie Sepulveda, President

Constance Moonzwe, MHA

Paragon Business Advisors

Michael Valentine, JD

Board of Directors

CPC-P, CMPE, CPC

Cooperative of American

CHC, CEMA, CMCO, CPMA,

DoctorsManagement, LLC

R.S.M.C. Services

Renick Perry, CPA

Exhibit Hall

CPHRM

Physicians

Sean Weiss,

Speaker: TBD

Group Discussion

Palos Verdes Ballroom

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Acknowledgements



2020 CBones Annual Meeting Gold Sponsor

PRACTICE MANAGEMENT

Palos Verdes Ballroom

7:00 a.m.	Registration/Ortho Expo	
6:30 a.m.	Continental Breakfast	
6:30 a.m.	Interactive Clinical Forum	Medtronic Transformative Solutions
7:00 a.m.	Interactive Clinical Forum - Wealth Optimization and Advanced Tax Planning Strategies for Practice Owners*	WestPac Wealth Partners Alex Jokovljevic
7:30 a.m.	Welcome/Announcements	Ronald Navarro, M.D., President Michael Hall, M.D., Program Chair
7:35 a.m. 7:50 a.m.	Medicate Update: CMS Medicare 2020 Physician Fee Schedule Appropriate Use Criteria: Advanced Diagnostic Imaging How Will These New Criteria Affect Ortho Patients?	Cheryl Bradley, CMA, Associate Director, Center for Economic Services Tye Ouzounian, M.D.
8:05 a.m.	Panel Q&A	
8:15 a.m.	New Technologies to Manage Patient Care	Moderator: Nicholas Colyvas, M.D.
8:30 a.m.	Post-Surgical Rehab - How to Get the Best Results	Lesley Anderson, M.D.
8:45 a.m.	HIPAA Compliant Secure Messaging	Speaker TBD*
8:55 a.m.	Artificial Empathy (AE) not Artificial Intelligence (AI)	FORCE Representative*
9:10 a.m.	Marketing with Social Media	Jonathan Kaplan, M.D.
9:20 a.m.	Use of Scribes—Models Working in Orthopaedic Practices	Nicholas Colyvas, M.D.
9:30 a.m.	Panel Q&A	
9:40 a.m.	AM Break/Ortho Expo	
10:10 a.m.	Cutting Edge in Orthopaedic Practice Private Equity Takeovers	Jay Pruzansky Merritt Healthcare Advisors
10:35 a.m.	Block Chain for MDs	Leah Houston, M.D. Founder of HPEC
10:55 a.m.	Future of ASCs How ASCs are Changing	Basil Besh, M.D.
11:15 a.m.	Panel Q&A	

PRACTICE MANAGEMENT

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11:45 a.m.	Resident Awards	Michael Hall, M.D.
	* Orthopaedic Institute for Children Resident Award	Ronald Navarro, M.D.
	* J. Harold La Briola, M.D. Resident Award	
	* Lloyd W. Taylor, M.D. Resident Award	
	* OREF Award and Presentation	
	* William Tipton, Jr., M.D. Leadership Award	
12:10 p.m.		
12:25 p.m.	Interactive Clinical Forum	HERON Therapeutics
12:55 p.m.	Interactive Clinical Forum	Infinx Healthcare
1:25 p.m.	Presidential Leadership Symposium How to Rethink Your Business Mindset to Deliver Orthopaedic Value in California	Moderator: Ronald Navarro, M.D.
1:30 p.m.	Investment Perspective	Mark Froimson, M.D., MBA Principal, Riverside Health Advisors
2:00 p.m.	Entrepreneur Perspective	Danny Goel, M.D., CEO
	Blow out your knee? —Hope your surgeon's got a VR Headset	Precision OS
2:30 p.m.	Retail Perspective	Marcus Osborne, Vice President Health & Wellness Transformation Walmart
3:00 p.m.	Industry Perspective	Lawrence Higgins, M.D., VPS Strategic Development—Arthrex
3:30 p.m.	Panel Q&A	
3:40 p.m.	PM Break/Ortho Expo	
4:10 p.m.	ABOS Update 2020	Thomas (Tad) Vail, M.D., UCSF
4:25 p.m.	2020 and the AAOS	Joseph Bosco, M.D. Vice President, AAOS
4:55 p.m.	Legislative Update—Affecting Orthopaedic Practice Top 3 Things Happening in Sacramento	Moderator: Russell Nord, M.D. Kim Stone, JD Stone Advocacy, COA Lobbyist
5:10 p.m.	Labor Laws Affecting Your Practice - Don't be caught out of compliance	Renee Noy, Esq WorkWise Law
5:25 p.m.	Top 3 Things Happening in Washington, DC	Elizabeth McNeil CMA Federal Lobbyist
5:55 p.m.	Panel Q&A	,
6:00 p.m.	Adjournment	
6:30 p.m.	Presidential Happy Hour	Terranea Resort
	Networking with Colleagues & Spouses	Palos Verdes Terrace

CLINICAL DAY 1: HOT TOPICS

Saturday, April 18

6:00 a.m.	5K Coast Fun Run/Walk	
6:30 a.m.	Registration/Ortho Expo	
6:30 a.m.	Continental Breakfast	Ortho Expo Hall
6:30 a.m.	Interactive Clinical Forums	ConvaTec
7:00 a.m.	Interactive Clinical Forums	Pacira BioSciences, Inc.
7:30 a.m.	Donn Fassero, M.D. Wellness Educational Series Physician Burnout and Well-Being	Urmi Patel, PsyD Sutter Health Care System
8:00 a.m.	Welcome/Announcements	Michael Hall, M.D. Program Chair
8:05 a.m. 8:10 a.m.	Presidential Guest Speaker The ACL: What I Have Learned in 30 Years Q&A	Freddie Fu, M.D. University of Pennsylvania Medical Center
9:05 a.m. 9:10 a.m. 9:25 a.m. 9:40 a.m. 9:55 a.m.	What's New in Sports Medicine? Hip Arthroscopy Update In Office/Nano Arthroscopy MOON - What We Learned About ACLR Outcomes at 10 Years Panel Q&A	Moderator: Michael Banffy, M.D. Brett Shore, M.D. Evan Argintar, M.D. Kurt Spindler, M.D.
10:05 a.m.	Break/Ortho Expo	
10:25 a.m. 11:05 a.m. 11:20 a.m.	Hot Topics Cannabis & CBD in Orthopaedics PRP/Stem Cells: What's the Evidence and When I Use it. Q&A	Jeffrey Hergenrather, M.D. Casey Batten, M.D.
11:30 a.m. 11:50 a.m. 12:05 p.m. 12:25 p.m.	What's New in Arthroplasty? Kinematic TKA—Why it Works? Robotic TKA/THA—What's New? 2020 Outpatient Total Joint / Registry Update Panel Q&A	Moderator: Nithin Reddy, M.D. Kamran Sadr, M.D. John Tiberi, M.D. Nithin Reddy, M.D.
12:30 p.m.	Working Lunch	
12:45 p.m.	Interactive Clinical Forum	Orthalign
12:45 p.m.	Resident Symposium Fundamentals of Starting and Continuing a Successful Practice	Orrin Franko, M.D. Michael Hall, M.D.
1:15 p.m.	Adjournment	
2:00 p.m.	COA Golf Tournament	Links at Terranea Moderator: Paul Wakim, DO
6:30 p.m.	Seafood Gala Buffet	Catalina Kitchen, Terranea Resort

CLINICAL DAY 2: HOT TOPICS

6:30 a.m.

1:45 p.m.

2:00 p.m.

Ortho Expo—Grand Prizes Drawing!

Closing Remarks/Adjournment

Registration

6:30 a.m.	Continental Breakfast	
7:00 a.m.	Interactive Clinical Forums	Heraeus Medical
7:30 a.m.	COA Business Meeting Election of New Officers - Talk to COA Leaders!	Ronald Navarro, M.D. COA President
8:00 a.m.	Welcome/Announcements	Michael Hall, M.D. Program Chair
8:05 a.m.	Employer to Provider Contracting: How Does It Really Happen?	Jack Bert, M.D.
8:25 a.m.	Q&A	
8:35 a.m	What's New in Trauma? Panel Q&A	Moderator: Mark Vrahas, M.D. John A. Scolaro, M.D. Carol Lin, M.D. Emily Benson, M.D. Julius Bishop, M.D.
9:35 a.m.	The Great Debates Continue: The Final Episode The Perfect Bunionectomy for Moderate Deformity? 1. Minimal Incision	Moderator: Glenn Pfeffer, M.D. Jonathan Kaplan, M.D.
	2. Lapidus	David Friscia, M.D.
9:55 a.m.	3. Opening Wedge Osteotomy The Role of Platelet Rich Plasma in the Foot and Ankle	Glenn Pfeffer, M.D.
	1. Is it a Viable Option?2. Is it Better Than Placebo?	Eric Ferkel, M.D. Thomas (Tad) Kreman, M.D.
10:15 a.m.	1. Fix 2. Fuse	Timothy Charlton, M.D. David Lee, M.D.
10:35 a.m.	Break/Ortho Expo	
10:50 a.m.	What's New in Elbow? Elbow Fractures in the Elderly: Fixating not Replacing	Moderator: Marc Trzeciak, DO George Dyer, M.D. Thomas Varecka, M.D.
	Panel Q&A	Peter Evans, M.D. PhD
11:20 a.m. 11:40 a.m. 11:55 a.m. 12:15 p.m.	What's New in Shoulder? Surgery For First Time Dislocated When I Use Bone Block Procedure for Instability Non-Arthroplasty Options for Massive Rotator Cuff Tears Panel Q&A	Moderator: Michael Hall, M.D. Evan Lederman, M.D. John Itamura, M.D. Anshu Singh, M.D.
12:50 p.m.	Lunch	
1:15 p.m.	Interactive Clinical Forum	Industry Sponsored*
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Palos Verdes Ballroom

Michael Hall, M.D.

Ronald Navarro, M.D.

HOTEL AND TRAVEL INFORMATION

CONFERENCE HOTEL

Terranea Resort

100 Terranea Way Rancho Palos Verdes, CA 90275

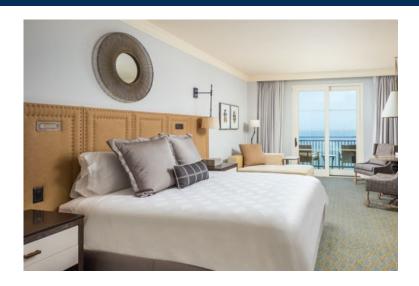
COA Group Rate

Run of Resort: \$275 Run of Ocean: \$299

To make a reservation at the group rate: Call (844) 209-6910 or Go Online:

https://book.passkey.com/go/CAOrtho2020

DON'T FORGET TO MENTION THAT YOU ARE ATTENDING THE COA ANNUAL MEETING!



HOTEL AMENITIES

- * Nine restaurants on the property
- * 50,000 sq. ft. spa and fitness center complete
- * Nine-hole, par-3 golf course
- * Four heated swimming pools, including a 140-foot waterslide, two adults-only pools
- * Discovery Trail nature walk and hiking trails
- * Tennis at Peninsula Racket Club
- * Complimentary on-property activities Seaside & full moon Yoga, coastal nature walks, seaside cycle, sunset ritual and even a meet & greet with the resort's falconer! The resort also has a Kid's Club! You can relax by the pool while the kids are having a blast at the tide pool as part of the Kid's Club activities.

WEATHER IN APRIL

PERFECT!

Day time temperatures: 70°s F Evening temperatures: 55°s F

TRAVEL

Airport Proximity

Los Angeles International (LAX) 40 minutes John Wayne Airport (SNA) 60 minutes Long Beach Airport (LGB) 45 minutes

Parking

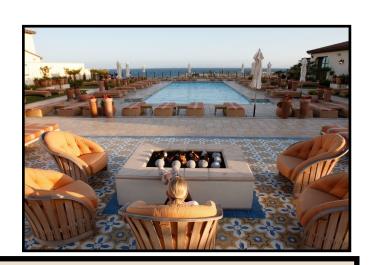
Valet parking only
Discounted to \$20/nightly
Daily parking fee may apply



Name:					En	nail:								
Address:														
	none:Spouse/Family Member (if attending):													
	OA Ar	nnual	Meet	ting—	Thurs	day,	April 16	– Sunda	y, April 19	, 201	9			
COA	Mem		Non- N		Other I	Health	Resident/ Fellow	Faculty / Speakers		CBONES		EARLY	LATE	
Meeting	EARLY	LATE	EARLY	LATE	EARLY	LATE			Member - S	ingle A	ttendee	\$200	\$250	
Annual Meeting/QME Course	\$560	\$660		\$860	\$300	\$350	\$0	\$0	Member Multiple Attendees CBones Non-Member			\$150 \$250	\$200 \$300	
QME Course only	\$310	\$410	\$410	\$510	\$170	\$220	\$0	\$0	Practice N	/lanage	ment	\$100	\$120	
Annual Meeting only	\$460	\$560		\$660	\$270	\$320	\$0	\$0	CBones Rece	ntion -	1 Ticko	t Comp.	Comp	
ABOS SAE	\$0	\$0	\$50	\$50	•		\$0	\$0					•	
ABO3 3AL	50	JU	750	730			30	30	Reception -	- Guest	Ticket	\$35	\$35	
Early Reg	istratio	n end	ds on N	1arch 1	, 2020				Subto	otal:	\$			
ocial Activities										Tickets		Tota	Total	
ADDITIONAL LUNCH TICKETS - Thursday & Friday (1 ticket per day) \$50 per ticket \$								\$	\$					
PRESIDENTIAL HAPPY HOUR - Friday, April 17 - 6:30 pm 2 tickets included w/Registration) Additional tickets: \$65 pp (includes 2 drink tickets)														
COA FAMILY GATHERING - S	aturday,	April 1	.8 - 10 a.	m Co ı	mplimen	tary N	lo. of Ticket	:s:				Comp.		
POUSE LUNCHEON - "PHAF	POUSE LUNCHEON - "PHARMACY IN YOUR KITCHEN" - Friday, April 17 - 12:30 p.m 2:00 p.m. \$55 pp													
K COAST FUN RUN/WALK - Saturday, April 18 - 6:00 a.m.—7:00 a.m Complimentary Shirt Sizes:									Comp.					
ARCHERY - ON TERRANEA LA	.wn - Sa	turday	, April 18	8 - 2:00	p.m. \$13	35 per t	icket							
GOLF TOURNAMENT - LINKS AT TERRANEA - 9 Holes Saturday, April 18 - 2 p.m. Shotgun start Handicap: Handicap: 188—green fees/walking cart								\$						
GALA SEAFOOD BUFFET - Saturday, April 18 - 6:30 p.m. # of Adults (\$125)									\$					
								TOTAL: \$						
PAYMENT INFORMATION: ☐ Check Enclosed ☐ Visa ☐ MasterCard ☐ American Express														
Debit or Credit Card #														
Expiration Date: / Security Code: Signature:														
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2020 COA Annual Meeting
April 16 - April 19, 2020
Terranea Resort

REGISTER TODAY!

COA Members:
Register Early and Save \$100!