

# UNDERSTANDING TODAY'S REALITIES AND PREPARING FOR THE FUTURE

## *SURVIVING IN PRIVATE PRACTICE*

**John Cherf MD, MPH, MBA**

Chief of Orthopedics, Advocate Illinois Masonic Medical Center  
Vice Chairmen and Medical Director, OrthoCentrix Solutions  
President, OrthoIndex

The California Orthopedic Association

April 24, 2015



## DISCLOSURE

I have no relevant financial relationships to be discussed, directly or indirectly, referred to or illustrated with or without recognition within the presentation.



## AGENDA

---

### Reality Check

Market Demand

Impact of Reform

Why I Like Private Practice

Planning for the Future



OrthoIndex™

## A LONG, SLOW RECOVERY

---

### Federal Budget Outlook (Billion)

	2008	2009	2010	2011	2012	2013	2014	2015
Revenues	2,524	2,105	2,163	2,304	2,450	2,775	3,021	3,665
Outlays	2,983	3,518	3,457	3,604	3,537	3,455	3,504	3,987
Deficit	-459	-1,413	-1,294	-1,300	-1,087	-680	-483	-322
Shortfall	15%	40%	37%	36%	31%	20%	14%	

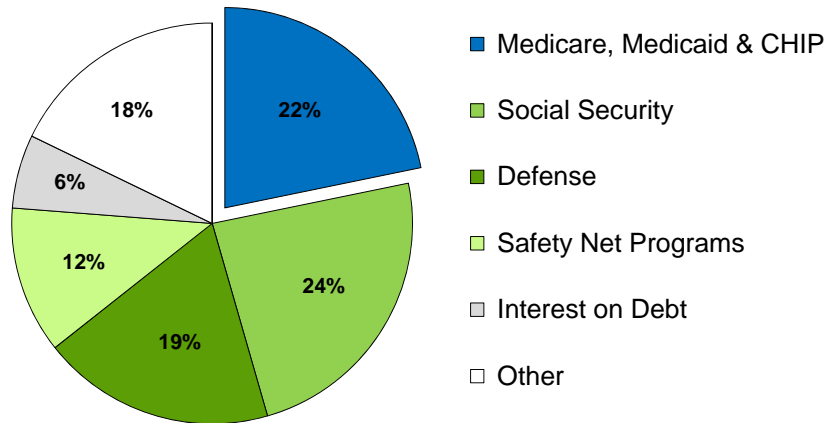


- 2014 Shortfall of 14%
- Total Federal debt is \$18.1 Trillion
- Liability of \$56,518 per person
- Liability of \$154,056 per taxpayer

Sources: Congressional Budget Office, 2015.



## U.S. FEDERAL SPENDING



CHIP = Children's Health Insurance Program.  
Source: Center on Budget and Policy Priorities, 2014.



5

OrthoIndex™

## MEDIAN PHYSICIAN COMPENSATION

Specialty	Compensation
<b>Orthopedic Surgery</b>	<b>\$514,659</b>
Cardiology: Invasive	\$500,993
Radiology: Diagnostic	\$471,253
Gastroenterology	\$463,955
Dermatology	\$430,874
Hematology/Oncology	\$382,934
Urology	\$372,455
Surgery: General	\$343,958
Ophthalmology	\$330,784
Obstetrics/Gynecology	\$281,190
Emergency Medicine	\$277,297
Neurology	\$249,867
Internal Medicine	\$205,379
Pediatric/Adolescent Medicine	\$192,148
Family Practice	\$189,402

Source: Medical Group Management Association, 2011.



6

OrthoIndex™

## THE TRUTH ABOUT THE “ONE PERCENT”

“Income inequality” has emerged as a national political issue

The Top 1%

- \$389,000 in taxable income (adjusted gross income)
- Accounted for 19% of total national household income
- Paid 35% of all individual income taxes



The One Percent	
30%	Non-financial business executives
14%	Doctors
13%	Finance business executives
8%	Lawyers
35%	All others

Congressional Budget Office, 2012; OrthoIndex Analysis, 2015..



7

OrthoIndex™

## AGENDA

Reality Check

**Market Demand**

Impact of Reform

Why I Like Private Practice

Planning for the Future



OrthoIndex™

## WHERE IS THE GROWTH?

---

**Inpatient Service Line Growth Rates**  
US Market, 2014 - 2024

**Outpatient Service Line Growth Rates**  
US Market, 2014 - 2024

Source: Sg2 Analysis, 2014.



9

*OrthoIndex*<sup>TM</sup>

## ORTHOPEDICS GROWTH EXCEEDS OTHER SERVICE LINES

---

**Inpatient Service Line Growth Rates**  
US Market, 2014 - 2024

**Outpatient Service Line Growth Rates**  
US Market, 2014 - 2024

Source: Sg2 Analysis, 2014.



10

*OrthoIndex*<sup>TM</sup>

# OUTPATIENT ORTHOPEDIC FORECAST

---

5 - Year Forecast, 2014 - 2019

E&M = evaluation and management.  
Source: Sg2 Analysis, 2014.



11

OrthoIndex™

# MORE PATIENTS WITH INSURANCE AND ACCELERATED MEDICAL INNOVATION

---



12

OrthoIndex™

## AGENDA

---

Reality Check  
Market Demand  
**Impact of Reform**  
Why I Like Private Practice  
Planning for the Future



OrthoIndex™

## THE AFFORDABLE CARE ACT (ACA): KEY COMPONENTS

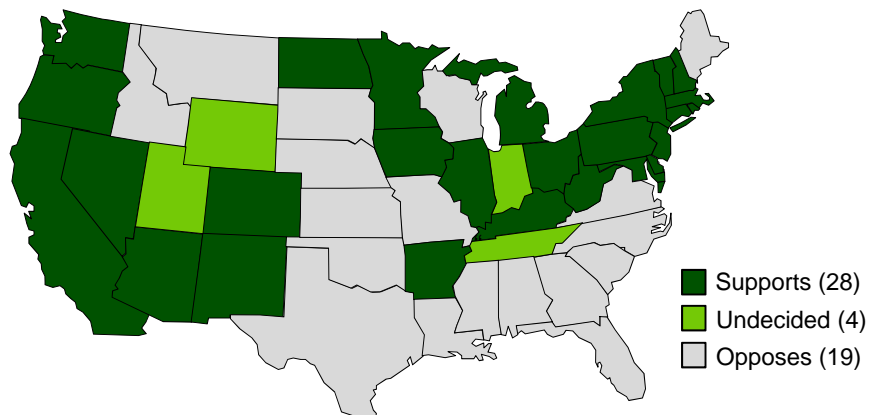
---

- PL 111-148, The Patient Protection and Affordable Care Act (PPACA), signed into law on March 23, 2010
- Health Care and Education Reconciliation Act (HCERA) of 2010, signed into law on March 30, 2010
- ✓ Focus is largely on expansion of coverage and insurance regulation
- ✓ Includes pilots and demonstrations designed to control cost and reform care delivery (new payment models)
- Lays the foundation for more regulation and oversight



## STATE MEDICAID EXPANSION STATUS

State option for ACA Medicaid proposal



Resembles Political Boundaries

Source: OrthoIndex Analysis, 2014.



15

OrthoIndex™

## INCREASE MEDICAID COVERAGE (... AND FINANCIAL STRAIN) IN MANY STATES

Federal Funding For Medicaid

2014	2015	2016	2017	2018	2019	2020 and beyond
100%	100%	100%	95%	94%	93%	90%



State Funding For Medicaid (future obligation)

2014	2015	2016	2017	2018	2019	2020 and beyond
0%	0%	0%	5%	6%	7%	10%



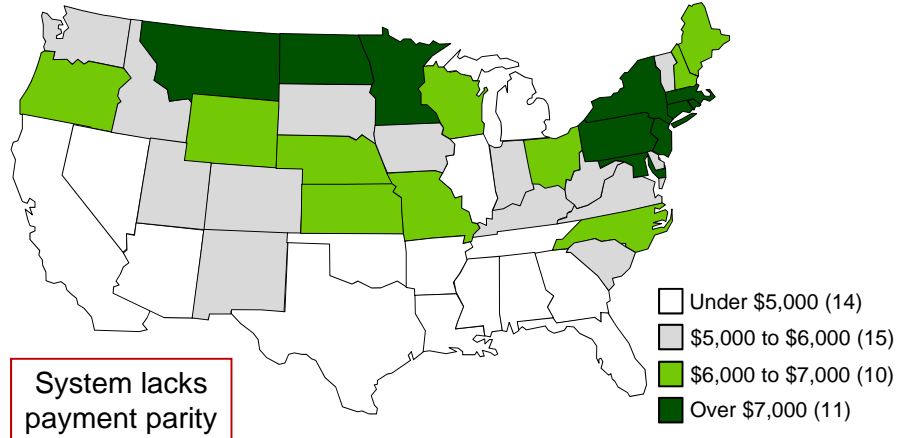
16

OrthoIndex™



# MEDICAID SPENDING PER ENROLLEE

## Medicaid Spending Per Enrollee



Source: Kaiser Commission on Medicaid and the Uninsured and Urban Institute estimates, 2012.



# THE INDIVIDUAL MANDATE

Source: OrthoIndex Analysis, 2014.



## HEALTH CARE REFORM – SHORT OF INITIAL COVERAGE ESTIMATES

### Estimates of Insurance Coverage Under Health Reform Law

CHIP = Children's Health Insurance Program.  
Source: Congressional Budget Office, 2012. OrthoIndex Analysis, 2014.



19

OrthoIndex™

## PROVIDER PAYMENT IS EVOLVING



“P4P”

1983 to 2000

Reimbursement

2000 to 2008

Payment

2008 to 2020

Purchasing Based  
on Outcomes

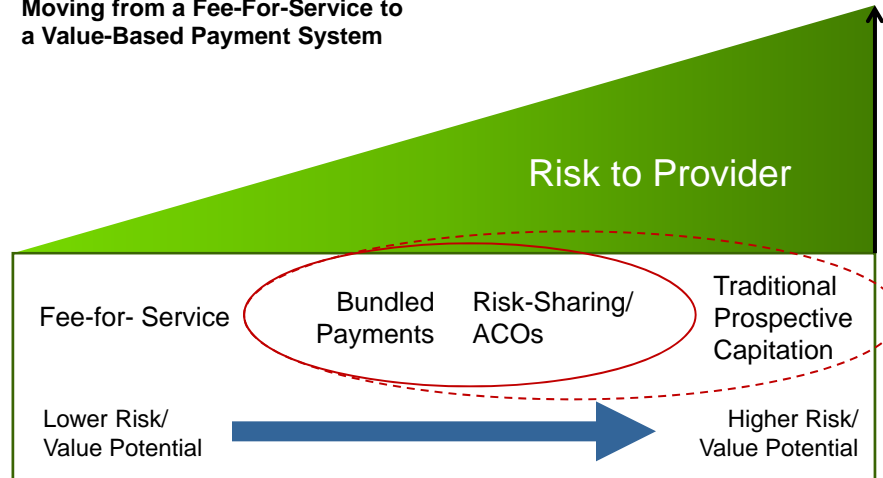


20

OrthoIndex™

## NEW PAYMENT MODELS ARE ABOUT MANAGING RISK TO A BUDGET

Moving from a Fee-For-Service to a Value-Based Payment System

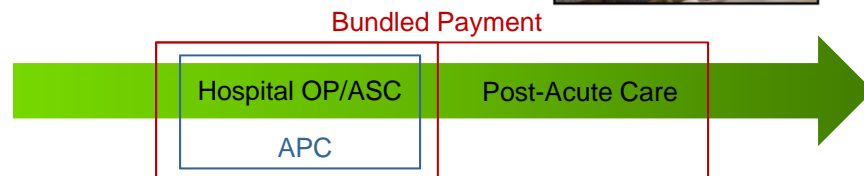
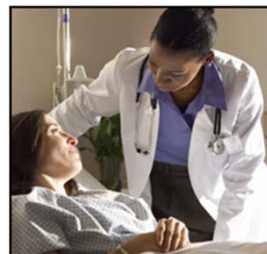


21

OrthoIndex™

## BUNDLED PAYMENTS: A GOOD OPPORTUNITY FOR SPECIALISTS

- Designed for specialists
- Creates a good platform to benefit from cost and care improvement
- Potential new revenue opportunity
- Less risky and supersedes ACOs



ACO = accountable care organization; OP = out patient; ASC = ambulatory surgery center; APC = ambulatory procedure classification:  
Sources: OrthoIndex, 2014.

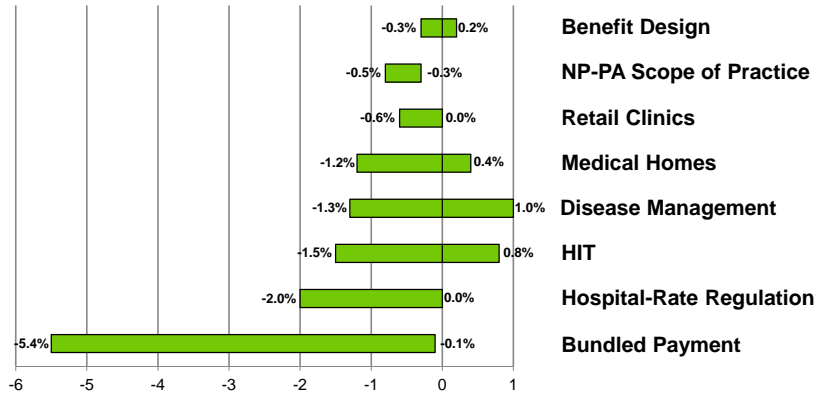


22

OrthoIndex™

## THE IMPACT OF CHANGING CARE DELIVERY AND COSTS

### Change in National Health Spending (%)



NP = nurse practitioner; PA = physician assistant; HIT = health information technology.  
Source: New England Journal of Medicine.

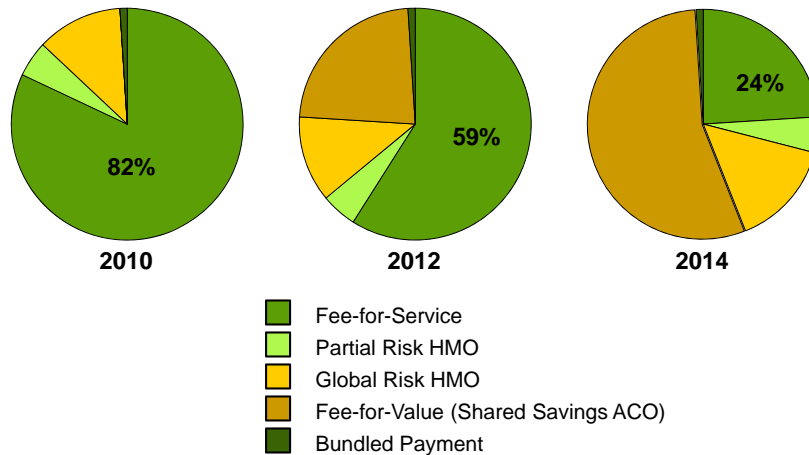


23

OrthoIndex™

## MARKETS CAN TRANSFORM . . . QUICKLY!

### Revenue Under Value-Based Agreements



24

OrthoIndex™

## LESSONS LEARNED FROM POPULATION HEALTH MANAGEMENT

---

PPO = preferred provider organization; ED = emergency department; OP = outpatient; IP = inpatient; E&M = evaluation and management; ppm = per member per month. Source: Advocate Health Care - Blue Cross Blue Shield PPO, January to June 2011 vs. 2012.



25

OrthoIndex™

## SHIFTING FINANCIAL AND CLINICAL RISK TO PROVIDERS

---



26

OrthoIndex™

## PUBLIC OPINION OF THE ACA

---

### Pro

---

**27%**

“Helped them”

**40%**

“Mostly a good thing  
for the country”

### Con

---

**54%**

“Hurt them”

**52%**

“Mostly a bad thing for  
the country”

Source: Wall Street Journal. ObamaCare Returns as an Election Albatross. October 22, 2014.



27

OrthoIndex™

## AGENDA

---

Reality Check

Market Demand

Impact of Reform

**Why I Like Private Practice**

Planning for the Future



OrthoIndex™

## PRACTICE SETTING ARE CHANGING AGAIN

The Past 10 Years (~ 90% of respondents in these practice settings)

PP = private practice; MSG = multispecialty group.  
Source: AAOS Orthopaedic Practice in the U.S., January 2015.

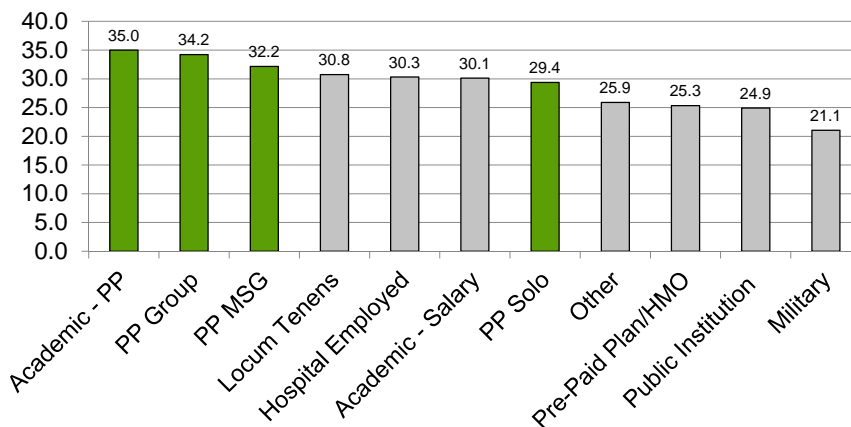


29

OrthoIndex™

## PROCEDURES PERFORMED BY PRACTICE SETTING

Procedures Per Month



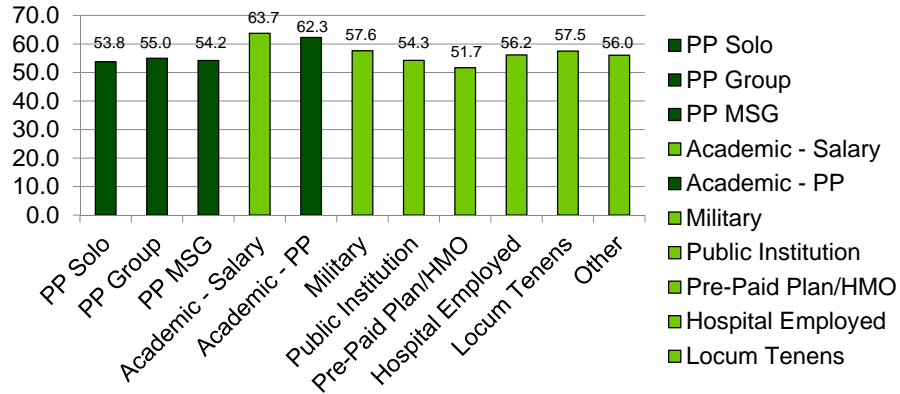
PP = private practice; MSG = multispecialty group; HMO = health maintenance organization.  
Source: AAOS Orthopaedic Practice in the U.S., January 2015.



30

OrthoIndex™

## WORK HOURS ACROSS PRACTICE SETTINGS



PP = private practice; MSG = multispecialty group; HMO = health maintenance organization.  
Source: AAOS Orthopaedic Practice in the U.S., January 2015.



## PAYER MIX VARIES BETWEEN PRACTICE SETTING

Practice Settings Cater To Different Payer Mixes

PP = private practice; MSG = multispecialty group.  
Source: AAOS Orthopaedic Practice in the U.S., January 2015.





## ADDRESSING HEALTH CARE COSTS: WHAT CAN WE MANAGE

Cost of Care

Site of Care

Utilization of Care



33

OrthoIndex™

## SITE OF CARE COST FAVORS PRIVATE PROVIDERS

The Past

Hospitals



Outpatient  
Facilities



Physician  
Offices



Medical  
and genetic  
Therapies



The "Outpatient Shift"

The Future



34

OrthoIndex™

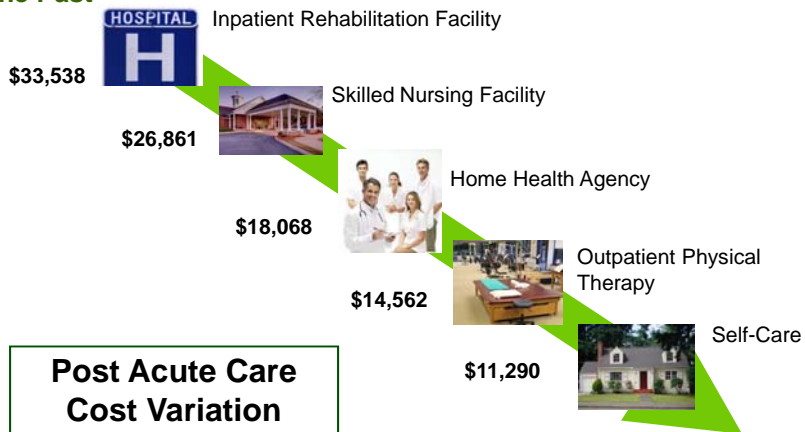
# HOSPITALS ARE VULNERABLE TO THE CHANGING MARKETPLACE

APC = ambulatory payment classification; OPPTS = outpatient prospective payment system; ASC = ambulatory surgery center.  
Source: OrthoIndex Analysis, 2012.



# REHABILITATION FOR TOTAL KNEE REPLACEMENT

## The Past



**Post Acute Care Cost Variation**

Source: MS-DRG 470 CMS Claims Data, 2012; OrthoIndex Analysis, 2014.



**The Future**

## THE ACO MARKETPLACE IS GROWING . . . AND CHANGING!

---

Source: Leavitt Partners, 2011. Health Leaders, Muhlestein, 2013.



37

OrthoIndex™

## AGENDA

---

The Economy  
Market Demand  
Impact of Reform  
New Payment Models  
**Planning for the Future**



OrthoIndex™

## WHERE ARE WE TODAY

---

OP = outpatient; IP = inpatient; OOP = out of pocket.



39

OrthoIndex™

## ULTIMATELY, VALUE MAY LEAD TO SURVIVAL

---



=

QUALITY  
COST



40

OrthoIndex™

## WE NEED TO MANAGE “WHOLESALE” AND “RETAIL” MARKETS

---

B2B = business to business; B2C = business to consumer.



41

OrthoIndex™

## HIGHER COSTS FOR THE “NON-SUBSIDIZED” PATIENT

---

### Insurance . . . Not Covered

- Higher Premiums
- Higher Co-Pays
- Higher Deductibles
- Other Out-Of-Pocket Expenses



**Private practice has the early advantage of capturing this market**



42

OrthoIndex™

## “THE PATIENT WILL SEE YOU NOW”

Patients most frequently request pricing for obstetric services, imaging and outpatient surgery.



Insurance card  
Procedure type  
Treatment location



Verbal or written estimate within 2 business days

Consumer Driven Health Care

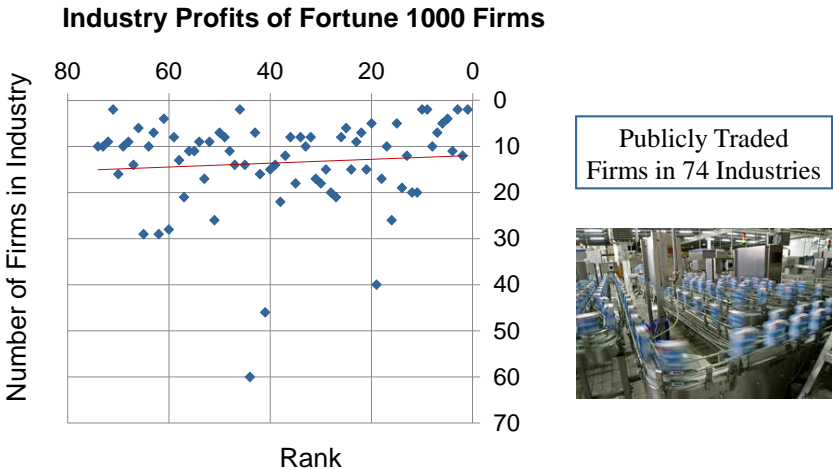


## “CONSOLIDATION MANDATE”

The Industrialization of Healthcare



# ECONOMIES OF SCALE CANNOT BE IGNORED



Source: Congressional Research Service, The Market Structure of the Health Insurance Industry, 2009.



# COLLABORATION CAN BE ACHIEVED THROUGH A SPECTRUM OF OPTIONS



## ANCILLARY SERVICE INCOME . . . IS THIS SUSTAINABLE?

---

PT = physical therapy; OT = occupational therapy; MRI = magnetic resonance imaging; ASC = ambulatory surgery center.  
Source: OrthoIndex Analysis, 2015.



47

OrthoIndex™

## OUR HEALTHCARE SYSTEM IS UNDERGOING TRANSFORMATIONAL CHANGE

---

### TRADITIONAL PROVIDERS



### PATIENT AND HEALTHCARE ASSET MANAGERS



48

OrthoIndex™

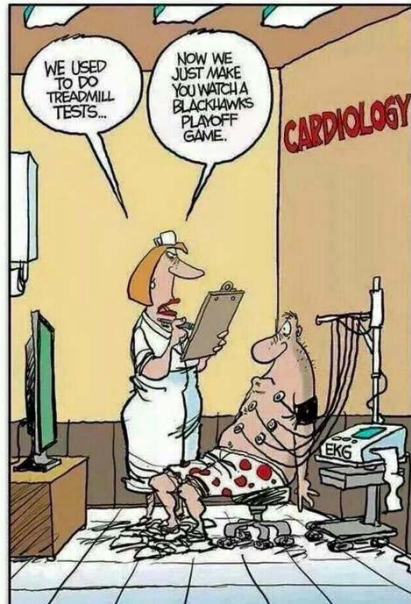


# IBM . . . “EVER ONWARD”



49

OrthoIndex™



50

OrthoIndex™



**THANK YOU**

---

**John Cherf MD, MPH, MBA**

312.339.4925

[jcherf@orthoindex.net](mailto:jcherf@orthoindex.net)

321 North Clark Street, Suite 1301

Chicago, Illinois 60654

