
2013 Annual Meeting/QME Course
April 18, 21, 2013
Terranea Resort

**COA Mobile Meeting Guide &
Archive of Presentations**

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Welcome to
COA's
Mobile
Meeting Guide

**Looking for specific
information
regarding the COA
meeting?**

Click the links to the left
to find all the
important details
regarding that
event---includes
locations, times, and
description.

COA President:

Kevin Bozic, M.D.

2013 Program Chair:

Alexandra Page, M.D.

CME Accreditation

Accreditation Statement:

The California Orthopaedic Association is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The California Orthopaedic Association takes responsibility for the content, quality, and scientific integrity of this CME activity.

Category I CME and ABOS MOC Credits:

The California Orthopaedic Association designates this educational activity for a maximum of **18.75 AMA PRA Category 1 Credit(s)[™]**. **10 of the CME hours will qualify for ABOS MOC Self-Assessment hours.** Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education. **10 of these credits qualify for CME in radiologic technology.**

QME CME Credits:

The QME Course is accredited for **6 hours of Qualified Medical Evaluator (QME)** CME credit hours. COA is provider number 100.

Each physician should only claim those hours of credit that they actually attended.

Target Audience

This program has been designed for the general orthopaedic surgeon to instruct them in the latest research and technologies in: trauma, spine, foot/ankle, hand, sports medicine, hip/knee, and pediatrics. The QME course will also update QME certified physicians on the latest Workers' Compensation reforms for both QMEs/AMEs and treating physicians.

Educational Objectives

- Preparing orthopaedic practices for value-based health care and what that means for their practices.
- Understand the new advancements in trauma care, spine, foot/ankle, hand, sports medicine, hip/knee, and pediatric procedures.
- Provide an methodology for orthopaedic surgeons to share best practice models.
- Understand the latest Workers' Compensation Reforms and how it will affect care for injured workers.

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language.

COA Mobile Meeting Guide

◆ Schedule at a Glance

Thursday April 18, 2013

7:00 am—4:45 pm	Registration/Networking with Exhibitors—Palos Verdes Ballroom
7:00 am—5:00 pm	C-Bones Meeting—Marineland Ballroom
9:00 am—5:00 pm	QME Course - Disability Evaluation Issues - 6 QME CME
5:00 pm—6:00 pm	C-Bones Reception—Point Terrace

Friday April 19, 2013

7:00 am—6:00 pm	Registration/Networking with Exhibitors—Palos Verdes Ballroom
7:30 am—6:00 pm	Annual Meeting - Practice Management Session
11:30am—1:00 pm	Focused Discussion Groups—Small/solo practice, Employed physicians, Workers' Compensation, Improving office productivity
6:30 pm—7:30 pm	Presidential Reception—Cove Terrace

Saturday April 20, 2013

6:30 am—2:00 pm	Registration/Networking with Exhibitors—Palos Verdes Ballroom
6:30 am—7:30 am	Focused Discussion Group—Small/solo practice
7:30 am—2:00 pm	Annual Meeting—Foot & Ankle/Adult Reconstruction/ Trauma
2:00 pm—6:30 pm	Resident Practice Management Session—Palos Verdes Ballroom
6:30 pm—10:00 pm	Taste of Terranea Gala Dinner — Palos Verdes Terrace

Sunday April 21, 2013

7:00 am—2:00 pm	Registration—Palos Verdes Ballroom
7:00 am—8:30 am	COA Business Meeting/Open Mike with COA leaders
7:00 am—2:00 pm	Annual Meeting— Hand/Sports Medicine/ Upper and Lower Extremity

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COA Mobile Meeting Guide

♦ How do I obtain my CME Hours?

QME hours and Category I Hours

COA will email you your QME and/or Category I certificates within two weeks after the end of the Annual Meeting.

Certificates will also be eventually posted online at our website: <http://www.coa.org/docs/MasterFileCMECertificates.pdf>

Please note: COA will only award hours for the days you signed in and/or submitted an evaluation

If you have any questions regarding your QME or Category I hours, please call 916-454-9884 or email coa1@pacbell.net

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COA Mobile Meeting Guide

◆ **Agenda**

Thursday April 18, 2013

- ◆ QME Course
- ◆ 9:00 am to 5:00 pm
- ◆ Palos Verdes Ballroom
- ◆ Moderator: Lesley Anderson, M.D.

DWC 2013 Priorities- Review of the 2012 Reforms – How They Affect Orthopaedic Practice

[Audio](#) Destie Overpeck, AD, DWC

Determining Injury Relatedness, Work Relatedness, and Claim Relatedness: Case Presentations

[Audio](#) Judge Colleen Casey, WCAB

Trends in Shoulder, Arm, Knee, and Lower Leg Sprains – Disability Levels Rising: A Look at the Carriers' Experience

[Audio](#) Alex Swedlow, MHSA, President, CWCI

Typical Lengths of Disability – What the Guidelines Say

[Audio](#) [Handout](#) Mark Melhorn, M.D.

Myths and Facts Surrounding Platelet Rich Plasma (PRP)

[Audio](#) Steven P. Arnoczky, DVM

Clinical Application

[Audio](#) Lesley Anderson, M.D.

Rating Complex Regional Pain Syndrome (CRPS) -What does the AMA Guides Say?

[Audio](#) [Handout](#) Steven Feinberg, M.D.

CRPS: Rating and Apportionment Issues - Legal Perspective

[Audio](#)

Charles Rondeau, JD

[Case 1](#), [Case 2](#), [Case 3](#), [Case 4](#)

Sorting Out Difficult Apportionment Questions: An interactive Session with Case Presentations

Moderator: Saul Allweiss, JD

[Audio](#)

[Judge Colleen Casey, WCAB](#)

Adam Dombchik, JD

Richard (Jake) Jacobsmeyer, JD

[John Doe Case 1](#) , [Jane Doe Case 2](#) ,[Money Chart](#)

Tips for Keeping Electronic Medical Records Secure-Emails/Communication with Claims Adjusters Update for Electronically Submitting Workers' Compensation Claims

Don St. Jacques, SVP; Jopari Solutions

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COA Mobile Meeting Guide

◆ Agenda

Friday April 19, 2013

- ◆ Preparing for Value Based Healthcare
- ◆ 7:30 am to 6:00 pm
- ◆ Palos Verdes Ballroom

Patient-Centered Medical Home, Role of Specialists

Alexandra Page, M.D.

[Handout](#)

Deliver Ideal Care Experiences and Outcomes...By Design

Anthony DiGioia, III, M.D.

Increasing Practice Productivity While Maintaining Quality Care

David Schalactus, MBA, CMPE, Hope Orthopedics

Risk-Based Contracting

Wesley Cleveland, JD, AMA

Current Experience with New Reimbursement Model: Bundled Payments

Kevin J. Bozic, M.D, MBA

Measuring and Reporting Value

Role of Clinical Practice Guidelines (CPGs) and Appropriate Use Criteria (AUCs)

Kevin J. Bozic, M.D., MBA

Comparative Effectiveness Research

Nelson Soo Hoo, M.D.

[Handout](#)

California Joint Registry Experience

Kevin J. Bozic, M.D., MBA

Joint Registry – Kaiser Permanente Experience

Robert Namba, M.D.

Lunchtime Networking Sessions

Session 1—Solo/Small Practice

Session 2—Increasing Practice Productivity

Session 3—Employed Physicians

Session 4—Workers Compensation

[Handout](#), [Handout 1](#), [Handout 2](#), [Handout 3](#), [Handout 4](#), [Handout 5](#), [Handout 6](#), [Handout 7](#)

Session 5—How to Talk with Hospitals

COA Mobile Meeting Guide

◆ Agenda

Friday April 19, 2013—Continued

Value in Healthcare

Keynote Address

Mark Smith, M.D., MBA, President and CEO, California Healthcare Foundation

California Health Benefit Exchange

Peter Lee, Executive Director, California Health Benefit Exchange

Covered CA, CMA Got You Covered

Purchaser Perspective on Value

David Lansky, Ph.D., President and CEO, Pacific Business Group on Health

Optimizing Value in Different Practice Models

Solo/Small Practice

Tom Grogan, M.D.

Large Single Specialty Practice

Robert O'Hollaren, M.D.

Handout

Integrated Care and Value Enhancement

Ronald Navarro, M.D.

Legislative Update: State and Federal Issues

Update on AAOC Council on Advocacy

Thomas Barber, M.D., Chair AAOS Council on Advocacy

CA Fiscal Intermediary: The Transition from Palmetto to Noridian

Paul O'Donnell, Noridian Administrative Services

State Legislative Report

Tim Shannon, COA Lobbyist

Quality Resource use Reports – What Are They? How Are They Being Used, What to Expect

Betsy Thompson, M.D., CMS

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COA Mobile Meeting Guide

◆ Agenda

Saturday April 20, 2013

- ◆ Clinical Sessions
- ◆ 7:30 am to 2:00 pm
- ◆ Palos Verdes Ballroom

What's New in Foot & Ankle Surgery

Best Article I Read This Year and Practical Application

Stephen Pinney, M.D.

Evidence-Based Medicine in Foot and Ankle Surgery

Stephen Pinney, M.D.

Total Ankle Arthroplasty

David Thordarson, M.D.

Sydesmotic Injuries

Ken Hunt, M.D.

Achilles Tendon Ruptures

Timothy Charlton, M.D.

Talar Osteochondral Lesions

Glenn Pfeffer, M.D.

MOC/MOL Update- What You Need to Know

Tad Vail, M.D.

How COA Can Help – OKU 10 Flashcards

Jeffrey Bogosian, M.D.

What's New in Adult Reconstruction?

Best Article I Read This Year and Practical Application

Jay Parizi, M.D.

Patient Activity Following Joint Resurfacing

Thomas Schmalzried, M.D.

Joint Infections

Jay Parvizi, M.D.

Reducing Lengths of Stay for TJR

Stefano Bini, M.D.

COA Mobile Meeting Guide

◆ Agenda

Saturday April 20, 2013—Continued

What's New in Trauma?

[Best Article I Read This Year and Practical Application](#)

Mark Lee, M.D.

[Treatment Options for Tibial Plateau Fractures](#)

Philip Stahel, M.D.

[Geriatric Hip Fractures: THA, Hemi, or Internal Fixation](#)

Jon Eastman, M.D.

[Fractures of the Distal Femur/Flexible Internal Fixation](#)

Mark Lee, M.D.

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California Orthopaedic Association 2013 Business Meeting

Agenda

Sunday, April 21, 2013

Terranea Resort – Rancho Palos Verdes

7:00 am **Approval of Minutes – April 22, 2012**

President’s Report - Kevin Bozic, M.D.

Workers’ Compensation Committee Report—Lesley Anderson, M.D.

Membership Committee Report

COA Nominating Committee Report – Tye Ouzounian, M.D.

COA Financial Report - Dale Butler, M.D.

OPAC Financial Report – Blair Filler, M.D.

Election of New Officers

7:30 am **Old Business**
New Business – Leslie Kim, M.D.

7:35 am **Open Mike with COA Leaders**

7:45 am **Adjournment**

For your advance planning:

COA’s 2014 Annual Meeting/QME Course
May 29- June 1, 2014
Monterey Conference Center/Portola Plaza Hotel
Monterey

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◆ Agenda

Sunday April 21, 2013

- ◆ Clinical Sessions
- ◆ 7:00 am to 2:00 pm
- ◆ Palos Verdes Ballroom

William W. Tipton, Jr., M.D. Leadership Award

Tye Ouzounian, M.D.

Lloyd W. Taylor, M.D.

Radiographic Assessment of Revision Anterior Cruciate Ligament Reconstruction

Robert Waltz, M.D.

Orthopaedic Hospital Resident Award

A Comparison of Lidocaine, Ropivacaine and Dexamethasone Toxicity in Tenocytes

Samantha Piper, M.D.

J. Harold LaBriola, M.D.

Do Fresh Osteochondral Allografts Successfully Treat Articular Cartilage Lesions Of The Femoral Condyle?

Simon Gortz, M.D.

OREF Update—Ramon Jimenez, M.D.

What's New in Hand Surgery?

Best Article I Read This Year and Practical Application

Amy Ladd, M.D.

Handout

Wrist and Forearm Fractures

Matthew Meunier, M.D.

Carpal Injuries

Danny Wongworawat, M.D.

Dan-

Infection

Danny Wongworawat, M.D.

Dupuytren's

Richard Brown, M.D.

Tendon Injuries

Richard Brown, M.D.

Tendinitis

Lisa Lattanza, M.D.

Congenital

Lisa Lattanza, M.D.

COA Mobile Meeting Guide

♦ Agenda

Sunday April 21, 2013—Continued

[Fingertip Injuries](#)

Gordon Brody, M.D.

[Compressive Neuropathies](#)

Gordon Brody, M.D.

[Arthritis and Reconstruction](#)

Amy Ladd, M.D.

Orthopaedic Hero Award

Moderator: Ramon Jimenez, M.D.

What's New in Sports Medicine? Upper Extremity [Best Article I Read This Year and Practical Application](#)

Ben Ma, M.D.

[Current Controversies in Shoulder Surgery](#)

Brian Feeley, M.D.

[Hot Topics](#)

Frank Petrigliano, M.D.

What's New in Sports Medicine? Lower Extremity [Best Article I Read This Year and Practical Application](#)

Marc Safran, M.D.

[Treatment of the Acute First Time Patella Dislocation](#)

Donald Fithian, M.D.

[Current Concepts of ACL Reconstruction](#)

David McAllister, M.D.

[Handout](#)

[Hip Arthroscopy – Ports and Techniques](#)

Marc Safran, M.D.

[Does Patellar Baja Mean Things are South?](#)

Donald Fithian, M.D.

[Understanding FAI and Its Treatments](#)

Marc Safran, M.D.

[PCL Injuries](#)

David McAllister, M.D.

[Handout](#)

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- ◆ COA acknowledges and thank the following exhibitors for their support of the Annual Meeting:

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◆ All Systems Lab	41
◆ AllMeds, Inc.	58
◆ Altos, Inc.	44
◆ American National Medical Management	42
◆ Amputee Empowerment Partners	64
◆ Arrowhead Evaluation Service	38
◆ Arthrex	39
◆ Athena Health, Inc.	28
◆ BioMarin Pharmaceuticals, Inc.	14
◆ Breg, Inc.	59
◆ BRP (Bryant Ranch Prepack)	22
◆ CallPointe	49
◆ Cayenne Medical, Inc.	56
◆ California Joint Replacement Registry	85
◆ Cobalt Health	40
◆ Community Compounding Pharmacy	61
◆ Computer Aided Rehabilitation Exercises (CARE)	82
◆ ConforMIS, Inc.	07
◆ ConMed Linvatec	04
◆ Continuity Care Home Nurses	74
◆ Cooperative of American Physicians, Inc.	52
◆ Corentec America, Inc.	47
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◆ DJO Global	60

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Exhibitor	Booth Location
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◆ Edington Medical Group/MES Solutions	30
◆ Elsevier	26
◆ Emdat	27
◆ Esaote North America, Inc.	65
◆ ExamWorks	05
◆ Exscribe, Inc.	35
◆ Ferring Pharmaceuticals	53
◆ Gonzales Law, APC	12
◆ Greenway Medical Technologies	43
◆ Hanger Clinic	63
◆ Hitachi Medical Systems	62
◆ Hub International	06
◆ H-Wave	21
◆ Kessenick, Gamma, and Free, LLP	46
◆ Liberty Med-Legal Admin, Inc.	78
◆ Medical Consultant Services	01
◆ Medical Insurance Exchange of California	25
◆ Medical Protective	15
◆ Medical Speech Solutions	11
◆ Medstrat, Inc.	72
◆ Medtronic	88
◆ Meridian MedLegal Management	50
◆ Merry X-Ray Corporations	16
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Exhibitor Booth Locations—Cont

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◆ Physician Owned Surgery Centers	79
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◆ Practice Builders	48
◆ Premier Physicians Management Company, LLC	24
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◆ ProClaim Physician Services, Inc.	77
◆ QTC Medical Services, Inc.	32
◆ Quill Angiotech	81
◆ Rollin' Along	83
◆ Safety Works Medical, Inc.	23
◆ Sanofi BioSurgery	19
◆ Sequetor, Inc.	31
◆ SRS Soft	36
◆ Stryker Orthopaedics	66
◆ Synthes Trauma	51
◆ Tenex Health	84
◆ The Doctors' Company	20
◆ Transworld Systems, Inc.	29
◆ US Army Recruiting Team	87
◆ Vital Imaging	68
◆ Viztek	13
◆ VQ OrthoCare	18
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◆ Hotel Information

Terranea Resort

100 Terranea Way
(6610 Palos Verdes Drive South)
Rancho Palos Verdes, CA 90275

COA Group Rate: \$235 Resort View Rooms
\$255 Ocean View Rooms

To make a reservation at the group rate, contact the hotel by calling (310)-265-2770 and mention that you are attending the COA Annual Meeting/QME Course.

You can also go to www.terranea.com and enter the group code—CAORTHO

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◆ Need a Rental Car?

Hertz Rental Car

COA has contracted group rates with Hertz, assuring our members the best possible rental car rates at any of their Southern California Corporate locations. Please visit the Hertz website www.hertz.com and click the box labeled "I have a discount" and enter the Convention Number (CV): **04H80004** or call 800-654-2240. Advance reservations are recommended. Weekend rentals rates are available for pick-up at noon on Thursday and must be returned no later than Monday at 11:59 p.m. The rates are guaranteed from **April 15 - 28, 2013** and will be no higher than the following:

Economy:	Daily Rate: \$39.00	Weekend Rate (begins Thursday at noon):	\$19.00
Mid Size:	Daily Rate: \$45.00	Weekend Rate (begins Thursday at noon):	\$23.00
Full Size:	Daily Rate: \$45.00	Weekend Rate (begins Thursday at noon):	\$23.00

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COA Mobile Meeting Guide

◆ Driving Directions

Los Angeles International Airport (LAX)

1 World Way, Los Angeles, CA 90045

17 miles away from the Terranea Resort.

This is the closest international airport.

Driving Directions —From LAX

Head South on World Way toward West Way

Keep Right on fork & merge onto CA-1 South/Pacific Coast

Continue on CA-1 South/Pacific Coast Highway

Right on Palos Verdes Blvd

Right on Palos Verdes Drive West

Driving Directions—From I-405 S Freeway

Take exit 37A to merge onto I-110 S toward San Pedro

Keep left at the fork, follow signs for San Pedro

Left onto N Gaffey St

Third right onto West 1st St

Left onto S Western Ave

Right onto W 25th St

Continue onto Palos Verdes Dr S

Left onto Terranea Way

[Click here to view area map of Terranea](#)

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- ◆ **Social Event Times and Locations**—Register for any events at the COA Registration Desk

Friday April 19

J. Paul Getty Museum -\$25 per person

Connect with other spouse and guests while admiring the beautiful artwork, architecture, and amazing views and the World Renown J. Paul Getty Museum. Transportation is provided. Entrance to museum and tours are complimentary. Lunch is on your own.

- ◆ 10:00 am to 3:00 pm
- ◆ Must be pre-registered----sign up at COA Registration Desk
- ◆ Meet at hotel lobby at 9:45 AM

Presidential Reception –Complimentary

Enjoy a fiesta of delectable sliders and other hors d'oeuvres with a Mexican twist! The reception will feature beer and other drinks from our neighbors South of the Border.

- ◆ 6:30 pm to 7:30 pm
- ◆ Cove Terrace (2nd floor)

Saturday April 20

COA 5K Run – Complimentary

Join us for a 5k (3.1 mile) run/walk. Participants receive refreshments and a t-shirt.

- ◆ 6:00 am to 7:00 am
- ◆ Hotel Lobby

Spouse Welcome Breakfast and “Explore the Ocean” Film Experience – Complimentary

Enjoy breakfast and presentation by a Long Beach Aquarium cinematographer/marine expert.

- ◆ Point Terrace (2nd floor)
- ◆ Hotel Lobby
- ◆ 8:00 am to 10:00 am

Terranea Art Walk and Tour

Join us for a tour that graces the walls of Terranea. Wear walking shoes.

- ◆ 10:00 am to 11:30 am
- ◆ Hotel Lobby

The Trump National Golf Tournament -\$200 per player

The COA Golf Tournament will be held at the beautiful Trump National Golf Club.

- ◆ Meet at hotel lobby at 12:30 pm
- ◆ Must be pre-registered to secure tee-time– check with COA to see if spots

Taste of Terranea Gala Dinner - \$100 per person, \$50 per child, 4 and under free

Experience the different flavor combinations of the talented chefs of Terranea. You will visit cooking stations showcasing almost each restaurant at Terranea.

- ◆ 6:30 pm to 10:00 pm
- ◆ Palos Verdes Terrace

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◆ Contact COA Staff

On-Site: COA Registration Desk

Email: coa1@pacbell.net

*We will be answering email inquiries during the meeting

Phone: 916-454-9884

Diane Przepiorski Cell: 916-521-8155

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- ◆ Meeting Evaluation Sheets

[Thursday April 18](#)

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Please fax your completed evaluation form to 916-454-9882 or email coa1@pacbell.net

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