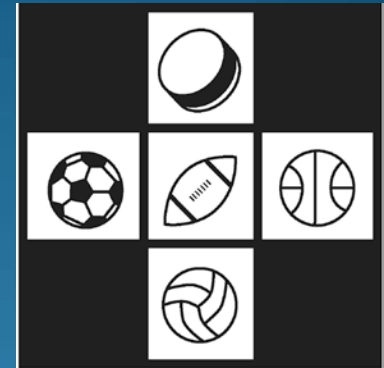


Primary Care Sports Medicine in the Orthopedic Setting



WEST COAST
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AND SPORTS
MEDICINE
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What defines a primary care sports Physician?



- A physician with Family Medicine, Internal Medicine, Pediatrics, Emergency Medicine, or Physical Medicine /Rehabilitation training
- Completed a one year comprehensive sports medicine fellowship
 - Exposure to private orthopedic clinic, County clinic exposure, athletic training room coverage, first surgical assistant, FX reductions, lacerations
- Certificate of Added Qualifications (CAQ)
 - qualified to take nationally recognized subspecialty exam at completion of fellowship

Advantages



Trained to evaluate and treat all non-surgical musculoskeletal pathology, allows orthopedic surgeon to focus on surgical pathology

- Conduct all pre-participation physicals (PPE's)
 - Pre-operative HX/Physical
- Concussion assessment and management
 - From sideline assessment(SAC), exercise stress testing, to IMPACT testing, return to play (RTP) program

Advantages



- Team Physicians
 - Sideline coverage/triage
 - Athletic Training room coverage/evaluation
 - Treatment of all non-musculoskeletal problems including illness
- Together with the orthopedic surgeon provides full spectrum of continuity of care for the adolescent, high school, college and professional athlete

Procedures



- Musculoskeletal ultrasound
 - For diagnosis and possible therapeutic injection guidance
- Prolotherapy, PRP, Hyaluronic Acid
- Joint injections and aspirations
- Casting/splinting
- Dislocation/fracture reduction management
- Wound care/skin pathology management including antibiotic selection