Comparison of Surgical Outcomes and Implant Wear between Ceramic-on-Ceramic and Ceramic-on-Polyethylene Bearing Surfaces in Total Hip Arthroplasty

Derek F. Amanatullah, M.D., Ph.D.



Disclosure

Food and Drug Administration Investigational Device Exemption (IDE)

Reflection® Ceramic-Ceramic Hip System (IDE Number: G980027)

Funding for data collection was provided by <u>Smith and Nephew</u> under the FDA guidelines for an IDE. This secondary data analysis was conducted without contract or direct funding from any sponsor.





Background

- Wear Debris Stimulates Osteolysis
- Ceramic-on-Ceramic Couplings
 - low linear wear rate
 - low rate of osteolysis
 - audible component related noise
 - ceramic implant fracture
- A Linear Wear Rate <50 µm/year
 - reduces clinical osteolysis



D'Antonio, et al. (2003) *Ortho* **26**: 39. Simon, et al. (1998) *J Arthoplasty* **13**: 108. Kichner and Willert (1992) *CORR* **282**: 86. Winter, et al. (1992) *CORR* **282**: 73.

Hypothesis

Ceramic-on-Polyethylene bearings
may offer a low linear wear rate
while avoiding the Ceramic-specific complications
of Ceramic-on-Ceramic articulations









Randomization and Attrition

Reflection Ceramic-Ceramic Hip System
Between 1999 and 2001
14 Orthopaedic Surgeons, 9 Institutions
Follow-up for over 5 years



Hips = 357

Randomized

THA for osteoarthritis or rheumatoid arthritis
21 to 80 years of age; Harris Hip Score (HHS) <60
Availability for at least 2 years of clinical follow-up
Preoperative medical clearance



Ceramic-on-Polyethylene

<u>Months</u>	<u>n</u>		<u>n</u>
0	196	Patients were lost to follow-up as a result of missed appointments, death, and withdrawal	161
3	187		154
6	183		147
12	182		144
24	176	from the study	137
48	131		99
>60	125		95

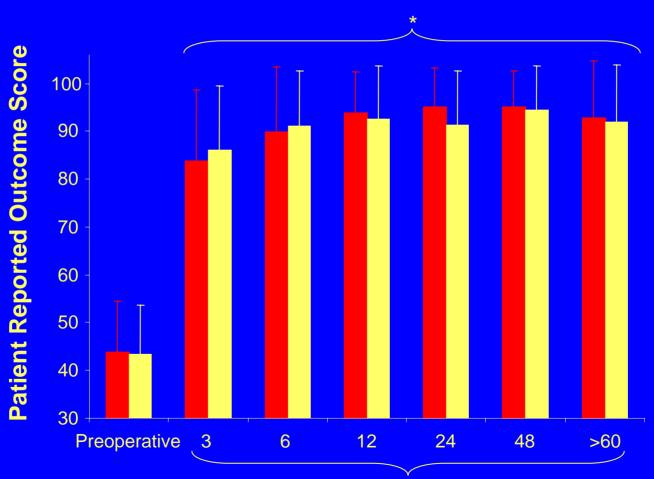


Statistically Random Patient Characteristics

	Ceramic-on-Ceramic	Ceramic-on-Polyethylene	p-value
Patients	166	146	-
Total Hip Arthroplasty (THA)	196	161	-
Bilateral THA (%)	30 (15.3%)	15 (9.3%)	0.061
Men (%)	106 (63.9%)	84 (57.5%)	0.152
Mean Age (years) ± SD	50.4 ± 12.8	54.7 ± 12.9	0.003*
Mean Height (cm) ± SD	173.2 ± 10.1	172.3 ± 9.7	0.357
Mean Weight (kg) \pm SD	86.9 ± 20.0	83.7 ± 18.5	0.116
Mean BMI (kg/m²) ± SD	29.6 ± 12.4	28.0 ± 5.1	0.133
Contralateral Hip Involvement (%)	64 (38.6%)	57 (39.0%)	1.000
Joint Involvement Other than Hip	(%) 47 (28.3%)	46 (31.5%)	0.621
Physical Activity Prior to Surgery None (%) Light (%) Moderate (%) Intense (%)	14 (7.1%) 123 (62.8%) 54 (27.6%) 5 (2.6%)	5 (3.1%) 111 (68.9%) 38 (23.6%) 6 (3.7%)	0.245
Operative Blood Loss (ml) ± SD	527 ± 371	510 ± 396	0.822
Operative Time (minutes) ± SD	110 ± 52	114 ± 64	0.534
Hospital Stay (days) ± SD	4.4 ± 2.0	4.4 ± 1.7	0.675



No Significant Change in Patient Reported Outcome Scores at Any Time Interval







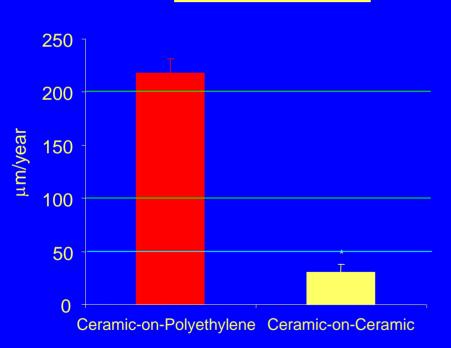
Ceramic-on-Ceramic



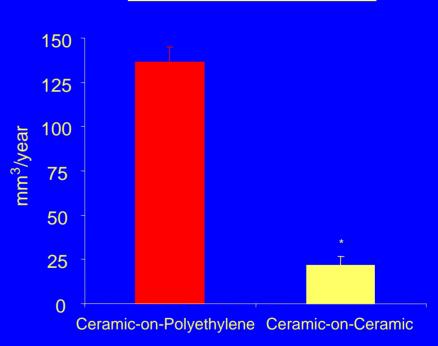


Higher Radiographic Wear Rates with Ceramic-on-Polyethylene Bearings

Linear Wear Rate



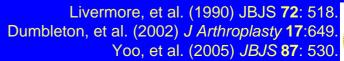
Volumetric Wear Rate

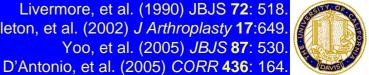




Ceramic-on-Polyethylene

Ceramic-on-Ceramic





Head Size and Wear Rate

Ceramic-on-Polyethylene (28 mm, 100%)

Wear rateHead Size22 μm/year22.225 mm70 μm/year32 mm100 μm/yearVariable156 μm/year28 mm

Ceramic-on-Ceramic (28 mm, 31%, or 32 mm, 69%)

2.1 μm/year Variable
 4 μm/year 28 mm
 6 μm/year Variable
 16 μm/year Variable



Livermore, et al. (1990) JBJS **72**: 518.

Walter (1992) CORR **282**: 31.

Jazrawi, et al. (1999) J Arthrplasty **14**: 781.

Clarke, et al. (2000) Proc. Inst. Mech. Engr. **214**: 331.

Ceramic Fracture and Component Related Noise Are Risks of Ceramic-on-Ceramic Articulations

	Ceramic-on-Ceramic (%)	Ceramic-on-Polyethylene (and the second s
	<u>(n = 196)</u>	<u>(n = 161)</u>	<u>p-value</u>
	Intrac	pperative	
Liner Fracture	2 (1.0%)	0 (0.0%)	0.301
Sciatic Nerve Injury	1 (0.5%)	0 (0.0%)	0.549
Greater Trochanter Fracture	1 (0.5%)	1 (0.6%)	0.797
Difficulty Implanting Cup or Lin	er 2 (1.0%)	2 (1.2%)	0.758
	Post	operative	
Heterotopic Ossification (HO)	59 (30.1%)	41 (25.5%)	0.197
Dislocation	10 (5.1%)	9 (5.6%)	0.672
Trochanteric Bursitis	8 (4.1%)	5 (3.1%)	0.422
Component Related Noise	6 (3.1%)	0 (0.0%)	0.026 [*] -
Deep Venous Thrombosis	3 (1.5%)	2 (1.2%)	0.502
	2 (1.0%)		
	6 (3.1%)		
70	1 (0.5%)		
	2 (1.0%)		
	1 (0.5%)		
	2 (1.0%)		
	3 (1.5%)		
	4 (2.0%)		
	1 (0.5%)		
	11 (5.6%)		4
	200010		
Ourselettus Freetung Diele	F (0,00()	0 (0 000()	0.040* 4

0 (0.00%)

Conclusions

- Prospective, multi-center, randomized clinical trail
- No difference in patient reported outcome measures
- The mean linear wear rate of <u>ceramic-on-ceramic</u> articulations is <u>consistent</u> with protection from osteolysis
- The mean linear wear rate of <u>ceramic-on-polyethylene</u> articulations is <u>inconsistent</u> with protection from osteolysis
- Ceramic-on-ceramic specific complications
 - 2.6% rate of ceramic implant fracture
 - 3.1% rate of audible component related noise

The use of ceramic-on-ceramic or ceramic-on-polyethylene bearing surfaces in THA remains a compromise between the long-term ramifications of wear debris and short-term ceramic-specific complications





Acknowledgements

Co-Authors

Joshua Landa, M.D.
Eric J. Strauss, M.D.
Gregg Jarit, M.D.
Jonathan P. Garino, M.D.
Norman E. Walter, M.D.
Sunny Kim, Ph.D.
Paul E. Di Cesare, M.D.

Smith and Nephew

Other Participating Surgeons

Scott Corpe, M.D.

Michael Grecula, M.D.

James Howe, M.D.

Kristaps Keggi, M.D.

Michael Lynch, M.D.

Blake Ragsdale, M.D.

David Randall, M.D.

Thomas Russell, M.D.

Richard Sanders, M.D.

Sean Scully, M.D.

Joseph Zuckerman, M.D.

Thank you to the California Orthopaedic Association for recognizing this work!





Reasons of Revision

Initial Treatment	Interval	Components Revised	Reason for Revision
	3 Months	Liner, Head	Recurrent Dislocations
	3 Months	All Components	Infection
	6 Months	Cup, Liner, Head	Recurrent Anterior Dislocations
	1 Year	Head, Stem	Stem Subsidence
Ceramic-on-Ceramic	1 Year	Cup, Liner, Head	Recurrent Anterior Dislocations Audible Component Related Noise
(n = 11)	2 Years	Liner, Head	Ceramic Head Fracture
	3 Years	Cup, Liner, Head	Ceramic Liner Fracture
	3 Years	Head, Stem	Loose Femoral Component
	4 Years	Cup, Liner, Head	Recurrent Dislocations
	5 Years	Cup, Liner, Head	Ceramic Liner Fracture
	6 Years	Head, Stem	Loose Femoral Component
Ceramic-on-Polyethylene	Before Discharge	Liner, Head	Instability of the Hip
(n=3)	3 Months	All Components	Infection
	5 Years	Liner, Head	Recurrent Dislocations



