



American Board
of Orthopaedic
Surgery

*Establishing Education &
Performance
Standards for Orthopaedic
Surgeons*

Update from the ABOS: The Future of Maintenance of Certification (MOC)

David F. Martin, MD

Executive Medical Director



DISCLOSURES



Director (2005-2015), American Board of Orthopaedic Surgery

(Chair, MOC Committee – 2009-2011)

Executive Medical Director (2016-present), American Board of Orthopaedic Surgery

Professor of Orthopaedic Surgery (1990-present), Wake Forest Baptist Health

(Former Program Director – Residency/Fellowship)



ABOS Board of Directors



Wake Forest Baptist Health – Winston-Salem



ABOS Headquarters – Chapel Hill



Background



HISTORY

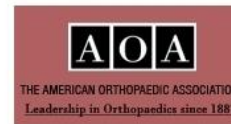


American Medical Association (AMA) – 1847



American Orthopaedic Association (AOA) – 1887

1933



1934

American Academy
of
Orthopaedic Surgeons



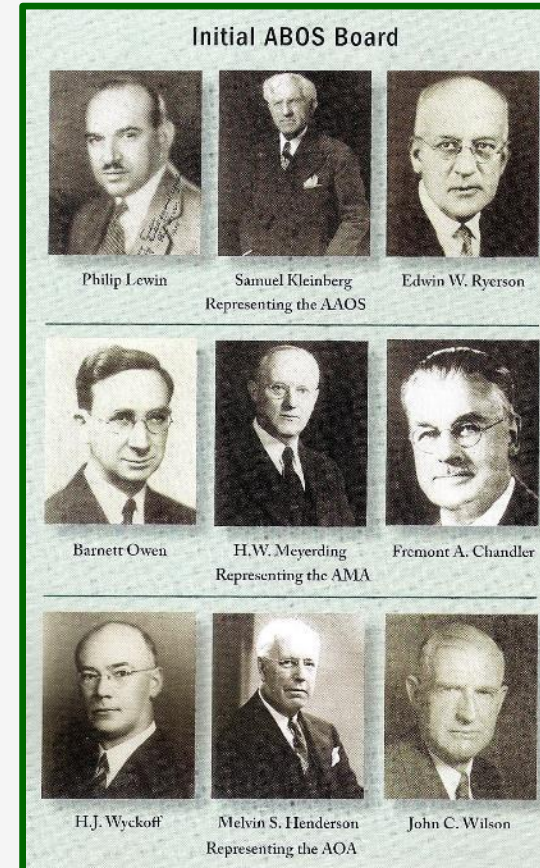
*'Quality
and
Competence'*

American Board
of
Orthopaedic Surgery



ABOS

- Founded in 1934
 - **AAOS, AOA, AMA**
- Private, voluntary, non-profit, autonomous organization
- Exists to serve the best interests of the public and the medical profession
- Establishes educational standards for orthopaedic residents
- Evaluates the initial and continuing qualifications and competence of practicing orthopaedic surgeons





ABOS Mission Statement

To ensure safe, ethical, and effective practice of orthopaedic surgery, the ABOS maintains the highest standards for education, practice, and conduct through examination, certification, and maintenance of certification for the benefit of the public.



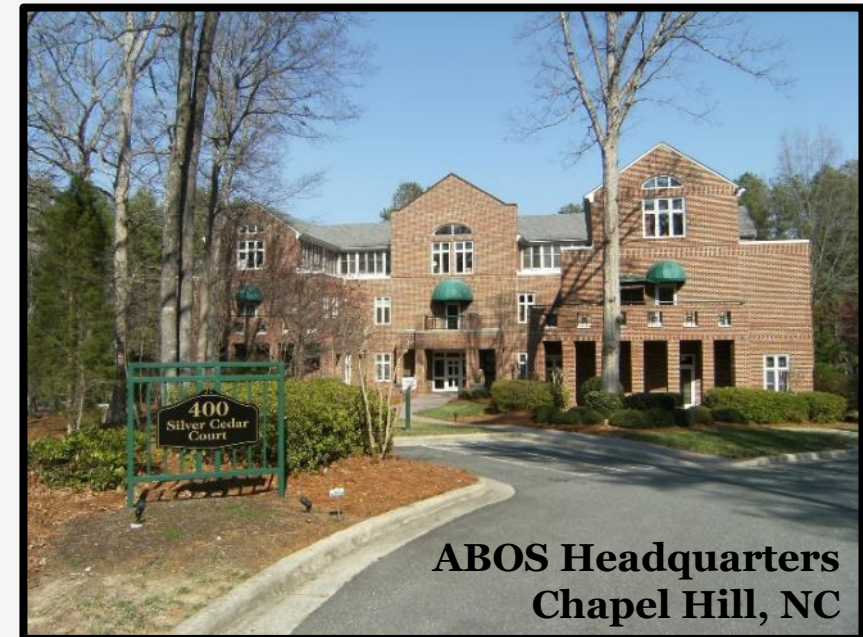
ABOS Composition – Who is the ABOS?

Board of Directors

- 21 Member Board (National/Voluntary)
- 2 Directors-Elect (one year term)
- 12 Directors (six year term)
- 6 Senior Directors (three year term)
- 1 Public Member (three year term)

Full Time Staff - Chapel Hill

- Executive Medical Director
 - David F. Martin, MD
- Chief Operating Officer
 - Aaron S. White
- 11 Staff Members
 - Examination/Credentialing/Communications/IT
- Advisors: Legal, IT, Web, Psychometrics



**ABOS Headquarters
Chapel Hill, NC**



Where Do ABOS Directors Come From?

Nominating Societies:

- 1) American Academy of Orthopaedic Surgeons (**AAOS**)
- 2) American Orthopaedic Association (**AOA**)
- 3) Council on Education of the American Medical Association (**AMA**)

Each organization provides nominees two years out of a three year cycle.





2017-2018 ABOS Leadership

- President Peter M. Murray, MD
- Vice President Terrance D. Peabody, MD
- President-Elect Douglas W. Lundy, MD
- Secretary Charles L. Saltzman, MD
- Treasurer Frederick M. Azar, MD

2017-2018 ABOS Directors (21)

- 17 Academic/3 Private Practice/1 Public
- Diversity
- Subspecialty/Geographic Distribution
- Volunteer – 30 days/year

AMERICAN BOARD OF ORTHOPAEDIC SURGERY

RALEIGH, NORTH CAROLINA

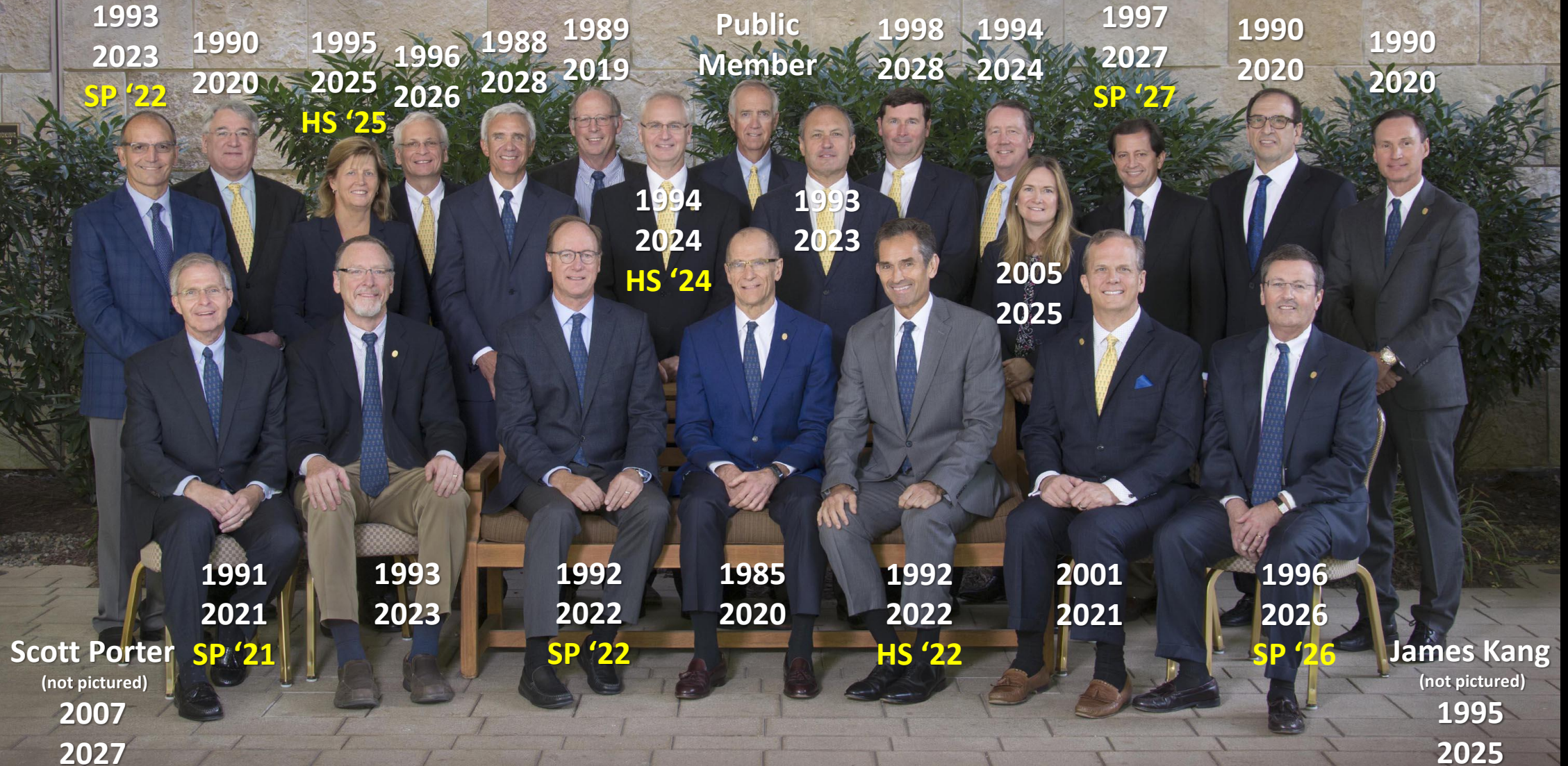
2017



AMERICAN BOARD OF ORTHOPAEDIC SURGERY

RALEIGH, NORTH CAROLINA

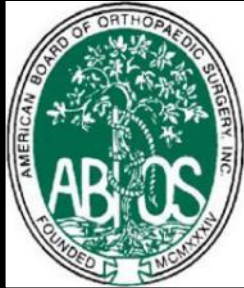
2017





Board Certification

Pathways to Orthopaedic Certification



Part I (pass rate 89-94%)

- Written exam taken July after graduation (ACGME Residency)
- To sit you need basic minimum requirements (Credentials Committee)



Part II (pass rate 88-92%)

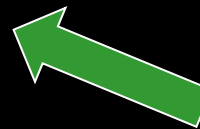
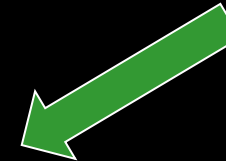
- Oral exam based on practice (20 months in one location)
- Taken 2 years after successfully passing part I (Credentials Committee)



**Maintenance of Certification
(MOC)
(10 year cycle)
Continuous Certification Process**



**Subspecialty
Certification**
Hand (est. 1989)
Sports Medicine (est. 2007)



**Lifetime Certificate
Holders**
Lifetime Board Certification





ABOS Diplomates

Diplomates **28,418 total**

- **Time Limited Certificate Holders** **17,769**
 - **Participating in MOC: 97%**

- **Time Unlimited Certificate Holders** **10,649**
 - **Participating in MOC: 7%**

- **Subspecialty Certification**
 - **Surgery of the Hand Certificate Holders:** **1,741**
 - **Orthopaedic Sports Medicine Certificate Holders:** **2,272**
 - **Both Subspecialty Certificates** **38**



Maintenance of Certification

‘MOC’



Maintenance of Certification (MOC)

- Medicine has the privilege of self-regulation
 - Ensure that standards are met
 - Educational standards
 - Residency standards
 - Practice standards
- Lifetime Certification *does not* guarantee competence
- Certification and Recertification are associated with:
 - improved patient care
 - greater adherence to practice guidelines
 - fewer state board disciplinary actions
 - less costly care

Gray BM, et al. JAMA 2014



*Maintenance of Certification 2018**

- Professional Standing: Unrestricted License/Privileges
- Continuing Medical Education: 240 CME/40 SAE
- Knowledge Assessment: Proctored Examination
- Practice Improvement: Peer Review / Case List



**Developed to adhere to ABMS guidelines with input from the ABOS/AAOS Task Force*



What is New in MOC?

- Streamlined Application/Case List functions
 - 75 case limit for all Recertification pathways
 - One Application/One Case List/One Peer Review
- CME/SAE options expanded, uploading simplified
- Decreasing time from application to examination
- Redesigned website / Enhanced Diplomate dashboard
- Diplomate-specific Communications
- Designated Certification Specialists

ABOS Certification Specialists

- Last names beginning with A-B:

Denise Frazier

dfrazier@abos.org

- Last names beginning with C-G:

Sonya Parker

sparker@abos.org

- Last names beginning with H-O:

Kim Grover

kgrover@abos.org

- Last names beginning with P-Z:

Morgen Graham

mgraham@abos.org

919-929-7103





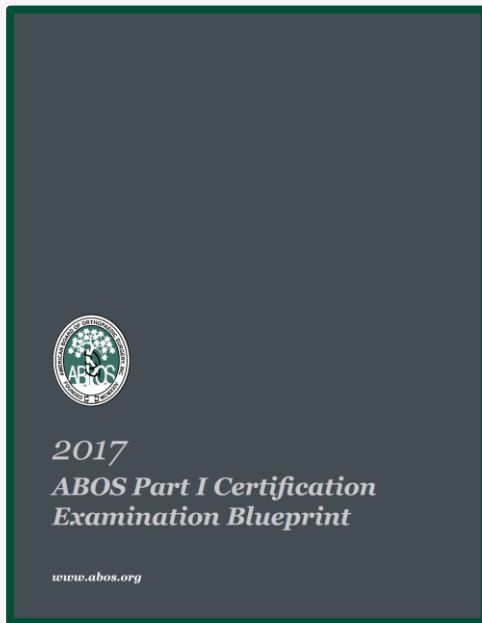
What is New in MOC?

- General Orthopaedic Questions
 - Eliminated from **all** Practice-Profiled Recertification Examinations
- New Practice-Profiled Examinations 2018
 - *Sub-specialty questions only*
 - *Pediatrics, Orthopaedic Trauma, and Foot and Ankle*
 - *Shoulder and Elbow* planning underway; ready by 2019
- ***Recertification Examination Options Now Available:***
 - *General, Spine, Adult Reconstruction, Pediatrics, Trauma, Foot & Ankle, Shoulder & Elbow, Surgery of the Hand, Sports Medicine, Oral (entirely practice based)*



What is New in MOC?

- Expanded Blueprints for all examinations
 - Study Guide/Examination Preparation



ABOS Part I Certification Examination Blueprint

General Principles	12-14%
Biostatistics/epidemiology	1-3%
Interpretation of epidemiologic information	
• Disease prevalence and incidence	
• Disease outcomes (eg, fatality rates)	
• Associations (eg, risk factors)	
• Health impact (eg, risk differences and ratios)	
• Sensitivity, specificity, predictive values	
Study design and interpretation	
• Types of experimental studies (eg, clinical trials)	
• Types of observational studies (eg, cohort, case-control, etc.)	
• Sampling and sample size	
• Subject selection and exposure allocation (eg, randomization, etc.)	
Hypothesis testing and statistical interference	
• Confidence intervals	
• Statistical significance and type I error	
• Statistical power and type II error	
Legal/ethical	0.5-1%
• Consent and informed consent to treatment	
• Physician-patient relationship	
• Death and dying	
• Research issues	
• Interactions with other health professionals	
• Cultural competence	
Basic Science Principles	9-11%
• Biology	
• Biomechanics	

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ABOS Part I Certification Examination Blueprint (continued)

Multiple Sites/Systemic/Other	7-9%
Multiple trauma, nonorthopaedic	2-4%
• Pulmonary emboli	
• Concussion/head injury	
• Delirium	
• Blood loss	
• Airway obstruction	
• Hemothorax	
• Shock	
• Pneumothorax	
• Adult respiratory distress syndrome	
Complications following surgical procedures	0.5-1.5%
• Thromboembolus	
• Deep venous thrombosis	
• Coagulopathy	
Medical Aspects of Sports Medicine	0.5-1%
• Cardiology	
• Pulmonary	
• Head and face	
• Gastrointestinal	
• Genitourinary	
• Endocrine	
• Skin	
Arthritis/rheumatologic disease	0.5-1.5%
• Juvenile	
• Rheumatoid	
• Septic	
• Lyme disease/erythema chronicum migrans	

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ABOS Part I Certification Examination Blueprint (continued)

Other	2-4%
• Injuries	
• Athletic, not elsewhere specified	
• Child abuse	
• Lawnmower	
• Multiple	
• Overuse	
• Cartilage	
• Soft tissue, not elsewhere classified	
• Arthrogyposis	
• Osteogenesis imperfecta	
• Osteomyelitis, long bone	
• Pathological fractures	
• Physical injuries and growth arrest	
• Metabolic bone disease	
• Osteomalacia and rickets	
• Osteoporosis	
• Marfan syndrome	
• Muscular dystrophy (any site)	
• Complex regional pain syndrome	
• Multiple sites/systemic/other	
• Chronic pain	
• Sequelae of traumatic brain injury (contractures, etc.)	
• Other	

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• ABOS-NBME Blueprint Exercises 2017-2018

- Input from multiple organizations

- ABOS/AAOS/OTA/POSNA/AOFAS/ASSH/AAHS/ASES/AAHKS/AOSSM



*Maintenance of Certification 2017**

What is the problem?

- Professional Standing: Unrestricted License/Privileges
- Continuing Medical Education: 240 CME/40 SAE
- ***Knowledge Assessment: Proctored Examination***
Common Nightmare: Failing a Test
- Practice Improvement: Peer Review / Case List

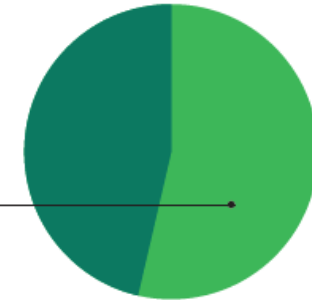


**Developed to adhere to ABMS guidelines with input from the ABOS/AAOS Task Force*

58% Response Rate

18,058 Diplomates invited to participate

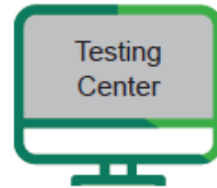
10,464 Board Certified Orthopaedic Surgeons
Voiced Their Opinions!



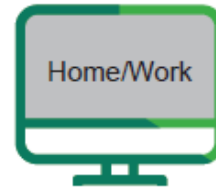
Looking to the Future:
Maintenance of Certification Survey
Results and Recommendations
American Board of Orthopaedic Surgery



Examination Format Preference



Computer-Based
Examination
41.2%



Longitudinal
Assessment
39.8%

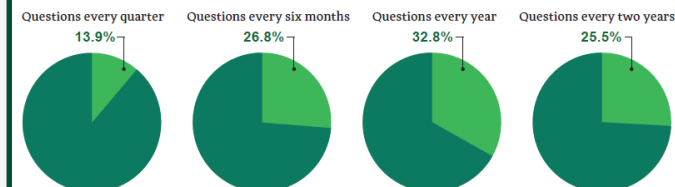


Virtual Practice
Assessment
14.2%

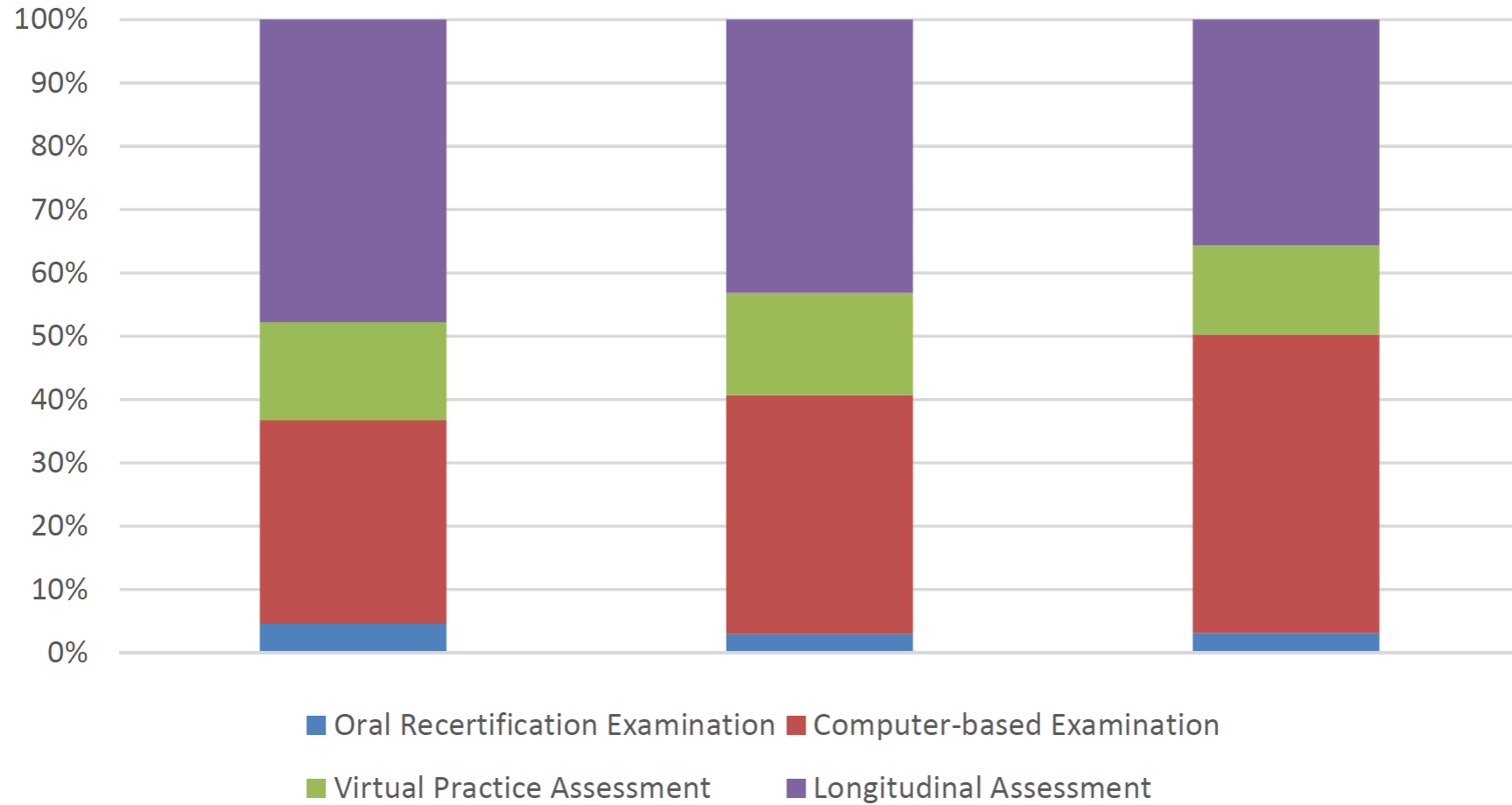


Oral Recertification
Examination
3.9%

Frequency of Knowledge Assessment Preference



Preferred Assessment by Years since Initial Certification



ABOS WLA: Diplomate Eligibility



- Pilot Program Launch: January 2019
- Open to all Diplomates who are currently ABOS Board Certified
- Maintenance of Certification Part III (Knowledge Assessment) Options:
 - ABOS Computer Based Practice-Profiled Recertification Examinations
 - ABOS Oral Recertification Examinations
 - ***ABOS WLA***
- No Changes to other facets of MOC
 - Application
 - Case List
 - Continuing Medical Education and Self-Assessment Examination Credit
 - Peer Review
 - Evaluation/Review by the ABOS Credentials Committee

ABOS WLA Process



Each January:

- 80-100 Orthopaedic Knowledge Sources (journal articles, practice guidelines, AUCs, monographs) identified and posted on the ABOS website
- Sources chosen by subject matter experts in Knowledge Source Groups
- Knowledge Source Groups:
 - General Orthopaedics (AAOS/BOC)
 - Orthopaedic Sports Medicine (AOSSM/AAOS)
 - Surgery of the Hand (ASSH/AAHS/AAOS)
 - Adult Reconstruction (AAHKS/AAOS)
 - Spine (NASS/AAOS)
 - Orthopaedic Trauma (OTA/AAOS)
 - Foot and Ankle (AOFAS/AAOS)
 - Pediatric Orthopaedics (POSNA/AAOS)
 - Shoulder and Elbow (ASES/AAOS)
 - Oncology (MSTS/AAOS)

ABOS WLA Process



- Participating Diplomates: Sources viewed on their ABOS Dashboard
- Authentication/Security/Attestation
- Each Diplomat chooses 15 Sources to study in-depth
 - ABOS has option to require certain sources
- ABOS WLA is open for five weeks in April and May
 - 30 questions (2 from each Knowledge Source) delivered to Diplomat
 - Questions designed to verify comprehension/familiarity
- Questions delivered to Desktop/Laptop Computer
 - Questions answered over the 5 week April-May time period
 - Supplied with correct/incorrect and question source
- Allotted 3 minutes to answer each question - open-book format
- Pacing/Sessions at the discretion of the Diplomat

ABOS WLA Passing Standards



- Successful Completion of the ABOS WLA:
 - Earn five (5) Quality Years: answering 24 out of 30 questions correctly in the administration window (5 weeks) of that year constitutes a Quality Year
 - 120 Knowledge Assessment questions answered correctly in six years of participation
- ABOS Diplomates with Certificates expiring in 2019-2022:
 - Certificates will be extended yearly to reach the five year mark as long as Quality Years are earned
- Diplomates not completing the ABOS WLA program successfully must re-enter another MOC Part III Pathway (minimum 2 opportunities):
 - Computer-Based Practice-Profiled Examination
 - Oral Recertification Examination

ABOS WLA: Next Steps



- Eligible ABOS Diplomates will receive additional information later this year
- Announcements/Information will be posted at www.abos.org
- Knowledge Sources posted January 2019
- Computer-Based Practice-Profiled Recertification Examinations still available
- Oral Recertification Examination still available
- Subspecialty Certification – must choose 5 subspecialty sources/year
 - Surgery of the Hand
 - Orthopaedic Sports Medicine



Summary



ABOS Priorities

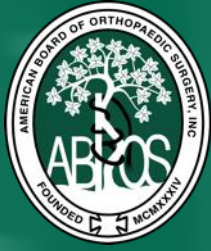
- Lifelong Certification Process that promotes continuous learning to improve patient care
- Respect the unique nature of each surgeon's practice
- Goal: safe, ethical, and effective practice to serve our patients, our profession, and the public



ABOS Focus

- Relevance
- Value
- Burden
- Feedback – *we are listening*
- ***VOLUNTEER***





American Board of Orthopaedic Surgery

*Establishing Education &
Performance
Standards for Orthopaedic
Surgeons*

Thank You / Questions?

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**ABOS Headquarters
Chapel Hill, NC**