Best Trauma Articles in 2015-16

Donald A Wiss MD
Director Of Orthopedic Trauma
Cedars-Sinai Medical Center
Los Angeles, California
Selected From A Review Of The Following Peer Reviewed Journals

Journal Bone & Joint Surgery (JBJS)

Bone & Joint Journal (Formerly JBJS British)

Journal of Orthopedic Trauma (JOT)

Clinical Orthopedics & Related Research (CORR)

Injury, International Journal Care Injured

2. Canadian Orthopedic Trauma Society: Multicenter Randomized Clinical Trial Of Non Operative Versus Operative Treatment Of Acute Acromio-Clavicular Joint Dislocation J Orthop Trauma 29: 479, 2015


Criteria Used To Select The Best Paper

- Originality
- Scientific Merit
- Solve A Problem
- Answer A Question
- Clinically Relevant
- High Quality
And The Winner Is!

Canadian Orthopedic Trauma Society: Multicenter

Randomized Clinical Trial Of Nonoperative Versus Operative Treatment Of Acute Acromio-Clavicular Joint Dislocation

J Orthop Trauma 29: 479, 2015
Prospective Randomized Level 1 Trial

40 Hook Plate  40 Nonoperative

Dash & Constant Scores Better at 6 & 12 Wks In Nonoperative Group

No Significant Differences Between Groups At 6 Months, 1 or 2 Years

**Conclusion:** Although Hook Plate Treatment Resulted In Superior Alignment, It was Not Clinically Superior To Nonoperative Treatment For Acute Complete Dislocation Of The Acomio-Clavicular Joint
Other Means To Stabilize AC Joint And / Or CC Interval

Screws

Flexible Fixation (Tight-Rope)

Biologic Fixation (Tendon Allograft)

Alone Or In Combination